


Policies and Procedures for Sports Medicine Services

Southwestern Oklahoma State University



SWOSU Athletic Training Staff

- ▶ Jessica Young, MS, LAT, ATC
 - Athletic Training Education Program Director
 - ▶ Edwin Detweiler, MA, LAT, ATC, PTA
 - Head Athletic Trainer
 - ▶ Tammy Steinkraus, Med, LAT, ATC
 - Assistant Athletic Trainer
 - ▶ Kris Mahlock, MS, LAT, ATC
 - Clinical Coordinator
 - ▶ Gina Schaefer
 - Insurance Coordinator
 - ▶ 2 Graduate Assistant Athletic Trainers
 - ▶ Approximately 20 Athletic Training Students
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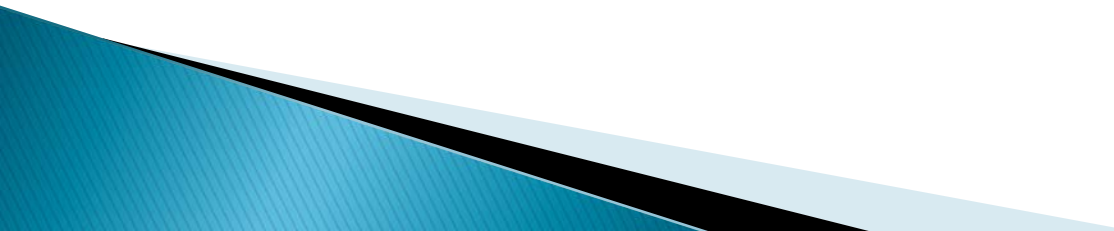
SWOSU Sports Medicine Team

- ▶ Dr. Daniel Jones
 - Team Orthopedic Surgeon
 - ▶ Dr. Blake Badgett
 - General Medicine Physician
 - ▶ SWOSU Student Health Services
 - University Nurse
 - General Medicine Physicians
 - ▶ Weatherford Regional Hospital
 - Radiology Services, Emergency Medical Services
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SWOSU Sports Medicine Team

- ▶ Integris Clinton Regional Hospital
 - Radiology Services
 - ▶ Southwest Oklahoma MRI
 - Radiology Services
 - ▶ Allen Pharmacy
 - Prescription Services
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Services Provided

- ▶ Prevention of Athletic Injury/Illnesses
 - ▶ Recognition and Evaluation of Athletic Injury/Illnesses
 - ▶ Rehabilitation and Treatment of Athletic Injury/Illness
 - ▶ Patient Education regarding Athletic Injury/Illness
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General Policies

- ▶ *All Student–Athletes are required to have primary insurance coverage.*
- ▶ *All rehabilitation/treatment for injuries sustained while participating in athletic participation while at SWOSU, will be carried out in the SWOSU Athletic Training Room, unless prior arrangements are made through the office of the Head Athletic Trainer.*
- ▶ SWOSU Team Physicians will make the final determination regarding the student–athlete’s medical status and ability to participate (practice and competition).

SWOSU Secondary Insurance Policy

- ▶ The SWOSU Athletic Department provides a secondary insurance policy for its student-athletes. This policy requires the student-athletes' personal insurance to be used first. This policy is an excess medical policy that covers the student-athlete for accident/injury relating to sports participation in intercollegiate athletics at SWOSU.
- ▶ ***Proof of primary insurance must be provided to the SWOSU Athletic Training Staff prior to participation in intercollegiate athletics.***
 - ***A copy (front and back) of the insurance card must be provided along with the completed Emergency information sheet.***
 - ***Failure to provide this information will result in the student-athlete exclusion from athletic participation.***

SWOSU Secondary Insurance Policy

- ▶ All itemized bills and EOB's (Explanation of Benefits—from primary insurance company) for medical care should be forwarded to the Athletic Department Insurance Coordinator so that excess medical expenses may be paid.
 - This should prevent the student-athlete and/or parents/guardians from being financial responsible for any excess athletic related medical expenses.
 - ***Failure to provide this information within 30 days of receiving will result in non-payment of medical bills by SWOSU.***

Medical Referral Policy

- ▶ Student–Athletes are required to report all injuries and/or illnesses to the supervising certified athletic trainer for their particular sport, *immediately*.
- ▶ If determined necessary, the supervising athletic trainer will refer the student–athlete to a SWOSU team physician.
 - If an appointment is made, the student–athlete must take a SWOSU Athletic Training medical referral form with them.
 - *If the referral is not obtained, the student–athlete will be responsible for any medical expenses incurred.*

Medical Referral Policy

- ▶ ***Any student-athlete that does not report an injury or illness to the supervising staff athletic trainer for their sport, and seeks care from a physician on his/her own accord will be considered medically ineligible to participate (practice or competition).***
 - ***The student-athlete must provide a medical release from the physician seen to the SWOSU Athletic Training Staff before the athlete is allowed to participate. As determined by the Head Athletic Trainer, the student-athlete may be required to be seen and cleared to participate by a SWOSU Team Physician.***

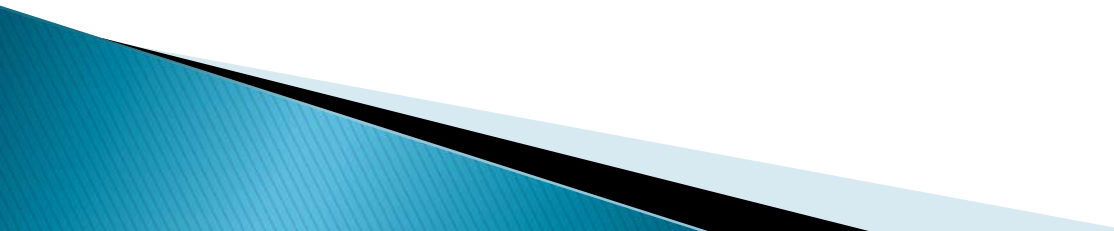
Second Opinion Policy

- ▶ If a student-athlete chooses to have a second opinion regarding an athletically related injury or illness, the student-athlete must notify the supervising certified athletic trainer for their sport.
- ▶ A second opinion form must be obtained, as well as a SWOSU Athletic Training Medical referral form.
- ▶ ***The physician that will be providing the second opinion must be a provider through the student-athletes primary insurance plan.***

Second Opinion Policy

- ▶ Following the appointment, the following must be made available to the SWOSU Athletic Training Staff:
 - Copy of the physicians report
 - Including the following information:
 - Diagnosis
 - Treatment Protocol
 - Statement regarding medical status (Full return, no practice, etc.)
 - Copy of any diagnostic tools (x-ray, MRI, etc.)
 - Reports included

Second Opinion Policy

- ▶ *Any student-athlete who fails to notify or to obtain a second opinion form from the SWOSU Athletic Training Department, will be responsible for all medicals cost incurred and associated with their second opinion visit.*
 - ▶ *SWOSU will not be responsible for any cost incurred as a result of the second opinion.*
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Permissible Medical Expenses

- ▶ Only injuries that occur as a result of participation in intercollegiate athletics while a student-athlete at SWOSU will be subject to payment by the Athletic Department and its secondary insurance policy.
- ▶ Student-athletes must follow the appropriate referral procedures as stated in the above policies to qualify for coverage by the SWOSU Athletic Department.
- ▶ *Any student-athlete who seeks medical services without following the appropriate procedures, will assume all financial responsibility for medical expenses.*

Permissible Medical Expenses

- ▶ Dental work that is a result of athletic injury while participating in a SWOSU intercollegiate sports activity may be covered by the SWOSU Athletic Department and its secondary insurance policy.
- ▶ ***General Medical conditions or illnesses and non-athletic related injuries are not covered by the SWOSU Athletic Department.***
 - ***Athlete must still follow the appropriate reporting procedures to gain clearance to return to activity.***
- ▶ Medications for participation will only be paid for during the academic year, provided that the prescription is written by a SWOSU appointed physician for an athletic related injury/illness.
 - The student-athlete will present the prescription to SWOSU's designated pharmacy along with a pharmacy referral form, signed by a member of the SWOSU Athletic Training Dept.
 - ***If the student-athlete submits the prescription to an unauthorized pharmacy without prior authorization by the SWOSU Athletic Training Dept., SWOSU will not be held responsible for the incurred costs.***

SWOSU Athletic Training Dept.

Contact Information

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 - Head Athletic Trainer
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- ▶ Tammy Steinkraus, MEd., LAT, ATC
 - Assistant Athletic Trainer
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 - Fax # (580) 774-3749

- ▶ Gina Schaef
 - Insurance Coordinator
 - Office #: (580) 774-3072
 - Fax # (580) 774-3749