

Important Information and Resources on Swine Flu

The Acting [Health and Human Services](#) Secretary has declared a [Public Health Emergency](#) nationwide involving Swine Influenza A.

As of 1:00 pm on April 27, CDC has confirmed 40 human cases of swine flu in the U.S.:

- California: 7
- Kansas: 2
- New York City: 28
- Ohio: 1
- Texas: 2

Investigations are ongoing to determine the source of infection and whether additional people have been infected with swine influenza viruses. Currently, all cases of the virus in the United States have been mild in comparison to those in Mexico where the disease is more widespread and severe.

To learn more about swine flu and the CDC investigation, please visit the **CDC Swine Flu website** (www.cdc.gov/swineflu). The CDC also provides transcripts of teleconference briefings on the public health investigation at www.cdc.gov/swineflu/press.

The **World Health Organization** has also posted information on swine flu at www.who.int/csr/disease/swineflu/en/index.html.

What You Can Do to Stay Healthy

There are everyday actions people can take to stay healthy.

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread that way.

Try to avoid close contact with sick people.

- Influenza is thought to spread mainly person-to-person through coughing or sneezing of infected people.
- If you get sick, CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.

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