Welcome to Upward Bound Kari Rogers

Hello! My name is Kari Rogers and it is my pleasure to serve as Administrative Assistant for Upward Bound. A SWOSU graduate, I also bring 13 years experience working in various departments on campus. Working with and getting to know the Upward Bound participants will be my favorite part of this position and I can’t wait to get started.

My husband Dale and I live in Weatherford; we have 4 children and 4 grandchildren. Our family’s love of sports, 4-wheelers, and off-road vehicles keep us outside and on the go most of the time, but when forced to stay inside, cooking and scrapbooking keep me busy.

Thanks for your support as I settle into my position at Upward Bound. I am confident that the joy of working with each of you will make this the perfect job for me.

What’s happening this Month?

- Campus meetings are February 6th and 20th.
- Valentines Day is the 14th so Happy Valentines Day!
- TRIO Day is February 17th at the State Capital.
- Registration deadline for next ACT is March 5, 2010.
- Make sure you come to the campus meetings and do your Comfit.
Former Student Spotlight – Charla Crotts

Charla Crotts was one of our former Upward Bound students. She graduated from Elk City High School in 2007. Charla is currently attending UCO. We have contacted her to see how everything is going and she said, “I’m doing good just trying to balance school, work and I even have a personal life.” Everything can be stressful at times. I think Upward Bound had really helped me prepare for the college life, otherwise I would have moved up to Edmond and started at UCO without a clue of what was going on. I advise students to try to get as many scholarships as possible, I feel like I could have focused on school a lot more than I did my first semester if I didn’t have to carry on a job to pay bills and buy groceries. I love the campus at UCO and I love the challenge that the professors put on you to think outside of the box. One other thing that I can say is don’t have a major set in stone from the get go because there is a very high chance that it will change once if not more. I started out thinking I would go to school for a biology degree and then go further and get a doctorate in optometry and now my major is so far from biology that it makes me laugh. I have now set my major to elementary education and I am getting out of my basic classes and into the major ones and it makes me even more excited about the rest of my life and my future as a teacher.

Student Spotlight – DustiDawn Thompson

- What is your hometown? Watonga
- Where do you go to school? Watonga High School
- When is your birthday? May 5th
- What is your favorite sport? Cheerleading
- What is in your CD player right now? I dunno
- What is your favorite video game? Don’t play video games
- What is your favorite movie? 10 things I hate about you
- Do you read the newspaper or watch the news? Watch the news
- What time is your alarm set for? 6:00 am
- What fast food restaurant did you last eat at? Pizza Hut
- What did you eat? Pizza
- What is your favorite hobby? Hanging out with friends
- What was your favorite cartoon as a kid? SpongeBob
- What is your favorite book? R. L. Stine books
- What are your plans after completing high school? Going to college
- What do you like best about being in Upward Bound? Friends
Student Spotlight – Blayne Elam

What is your hometown? Fort Cobb
Where do you go to school? Fort Cobb-Broxton High School
When is your birthday? September 18th
What is your favorite sport? Golf and I love to watch my brother’s baseball team
What is in your CD player right now? A few mixed CDs I got from Dalton, I think one of them has Blink 182 on it

Do you read the newspaper or watch the news? No not really
What time is your alarm set for? Idk it depends on how lazy I am in the morning
What fast food restaurant did you last eat at? McDonalds
What did you eat? A McGriddle
What is your favorite hobby? Reading, watching TV and movies, and drawing
What was your favorite cartoon as a kid? Total Drama Island and Total Drama Action and I still watch a lot of cartoons
What is your favorite book? The Twilight Saga and some other ones but I can’t think of them
What movie do you know every line from? I know all the words to a few movies
Quote from movie? Pink is my signature color from Steel Magnololinas

Career Spotlight – Occupational Therapist

Definition of an Occupational Therapist: An Occupational Therapist is a professional who is involved with assisting individuals in improving their mobility and social skills. Occupational therapists primarily work with patients who have been injured, have a mental disability, or have a physical disability. They help these patients learn basic skills so they can live independently. Along with building physical skills, they help their patients build self-confidence.

Sample Curriculum for an Occupational Therapy Program: In order to become an occupational therapist, students must have formal education and training - in fact the minimum education requirement to enter this field is a master’s degree. In a graduate program, a student may take these types of courses:
- Special Topics in Occupational Therapy
- Developmental Fieldwork
- Supervision in Occupational Therapy
- Physical Disabilities/Psychiatric Fieldwork
- Preventive Health Care and Patient Education
- Adaptive Living Skills
- Cognitive Rehabilitation
- Technology in Occupational Therapy Intervention
- Occupational Therapy Seminar
- Applied Pediatric Neuroscience
- Gerontic Occupational Therapy

Course titles vary from school to school. Upon completing a graduate program, students must also obtain a license.

Job Information for Occupational Therapists: According to those at College Board, www.collegeboard.com, government experts anticipate jobs for occupational therapists to grow faster than many other occupations.

Earnings Information for Occupational Therapists: In 2004, occupational therapists who worked in home health care services had a median salary of $58,720, as reported by the U.S. Bureau of Labor Statistics.