May 2007

Student Spotlight— Latisha Murray

Latisha Murray
Latisha is a senior from Carnegie. She states her hometown is best known for “being funny.” (You’ll have to ask her what that means!) Her birthday is December 10th. Three things she cannot live without are friends, family and food. Her idol is herself. Three words she uses to describe herself are laid-back, bossy and caring. If she could have a superpower, she would like to be able to read minds. Her favorite food is grapes, and her favorite item of clothing is tripp pants. She enjoys her English class and states that Math is her least favorite.

Latisha is involved in FCCLA, Art Club, Spanish Club and Student Council.

Latisha does not currently have a job and likes to spend her free time reading.

After high school she plans to attend Southwestern Oklahoma State University (SWOSU). “Having so many friends” is what Latisha likes best about Upward Bound.

Fair warning to everyone: Latisha states, “Once you say hi (to me), I’m never gonna leave you alone!” If you have not yet met Latisha, stop by and say “hi” and then...get ready!

Dara Anderson

Dara Anderson is a senior from Burns Flat. Her hometown is best known for being a future Spaceport. She can tell you all the exciting developments that are being proposed for Burns Flat. Her birthday is March 19th. She states she cannot live without her boyfriend, her van and her family. Her hero is her mother, Janie. Dara describes herself as outgoing, friendly and passionate. She would like to have the superpower of flying. Her favorite food is broccoli, and her favorite item of clothing is shoes. She prefers her English class over Algebra.

In high school she was vice-president of the Business Professionals of America Club and participated in art.

She works at Pizza Hut in Elk City and describes herself as “the brightest waitress in the city!” She likes to spend her pastime reading, writing, talking to her boyfriend, and spending time with her sister and family.

After graduation she plans to attend SWOSU and major in elementary education. What she likes best about Upward Bound is that “everyone is nice to you and cares about you and your future.”

Meet UB’s vice president, Dara Anderson. Her future does look bright!

Welcome to the first edition of the UB newsletter! Each month we’ll try to introduce you to your fellow classmates, remind you of various calendar dates, provide scholarship information and much more!

Have an idea for the newsletter? Contact our office. We would love to hear from you!
Welcome the 2007
Upward Bound
Summer Staff!!

Felisha Allen  Peer Counselor
Kurt Beason  Peer Counselor
Anh Dawson  Peer Counselor
Emily Garrison  Peer Counselor
Robert Graham  Peer Counselor/Bridge Mentor
Sebastian Harris  Peer Counselor
Daniel Huber  Night Guard
Maxine Quaye  Peer Counselor
Kyle Toelle  Peer Counselor
Abigail Wilson  Peer Counselor

...college is very different from high school. In high school almost everything you did was planned by someone else: your class schedule, your meals, etc. In college — you're on your own. You have complete freedom to become successful in your life — or you can fail, all by yourself. For better or worse, in college and life, it's all up to you.

(100 Things Every College Freshman Ought to Know, 1995.)

Felisha Allen  Peer Counselor
Kurt Beason  Peer Counselor
Anh Dawson  Peer Counselor
Emily Garrison  Peer Counselor
Robert Graham  Peer Counselor/Bridge Mentor
Sebastian Harris  Peer Counselor
Daniel Huber  Night Guard
Maxine Quaye  Peer Counselor
Kyle Toelle  Peer Counselor
Abigail Wilson  Peer Counselor

Student Spotlight—Janet Peralta

Janet Peralta
Janet Peralta is a senior from Carnegie. Her hometown is best known for its canna farms. Janet’s birthday is April 20th. Three things Janet says she can’t live without, “my camera, cell phone and computer.” She describes herself as nice, faithful and respectful. Her idol is her mother.

Janet would like to have the superpower of being able to read people’s minds. Her favorite food is Italian, and favorite items of clothing are t-shirt and shorts. She most enjoys her computer class and English is her least favorite class.

Janet is involved in several extra curricular activities including cross country, basketball, track, Spanish Club, student council, Art Club, FCCLA, Lulac Club and a member of the FUMC youth group.

Janet has a job working at the Super C Mart as a checker. When not working, she likes to hang out with her family, play the piano and guitar, and draw and paint. After finishing high school, she plans to attend Oklahoma City University.

What she likes best about Upward Bound is getting to meet new people from different towns and going on trips.

Introduce yourself to Janet and ask her about the canna farms in Carnegie!

Student Spotlight—Nick Whitehead

Nick Whitehead
He is a senior whose birthday is May 9th. Three things Nick says he cannot live without are God, family and his poetry. He describes himself as funny, smart and a risk taker. If he could have a super power he would like to have the power to heal others. His favorite food is a red popsicle, and his head bands are his favorite clothing item.

Nick enjoys history class and finds Algebra III to be his least favorite class. Nick is involved in football, basketball, track, FCCLA and honor choir. He has a job doing yard work “all over the place.” In his pastime he likes to write.

After graduating high school, Nick plans to attend UCO and major in psychology with a minor in creative writing. Another option Nick is exploring is playing football for Langston. What he likes best about Upward Bound is the opportunity to meet new people and making them laugh.

Nick won 1st place in his school’s talent show and has been voted most talented in his senior class.

When you introduce yourself to Nick, ask him what got him first place in the talent show.

May Birthdays!!

Ryan Whitehead  6th
Nick Whitehead  9th
Chelsea White  10th
Angela Belcher  16th
Erin Shortman  27th
Monica Cisco  29th
Skyler George  29th
Congratulations, Graduates!

Anadarko—Daniel Stephenson
Binger-Oney—Monica Cisco
Burns Flat-Dill City—Dara Anderson
Butler—Jessica Sherwood
Carnegie—Ada Hainta, Rebecca

Mtn. View—Gotebo
Clinton—Jessica Kelly
Ft. Cobb-Broxton—Chelsea White
Hobart—Steven Buchanan, Nick Whitehead

Watonga—Elisa Valenzuela, Jeremy Valenzuela
Weatherford—Matthew Ward

I made $25,000 for ten hours of work! My mom pretty much had to put a gun to my head to get me to fill out scholarship applications. I ended up getting two out of the 6 or 7 I applied for... nice hourly rate!

Senior, Engineering,

On the website CollegeScholarships.com you will find the following scholarship among many others: GOT MILK? A celebrity panel of judges will help select 25 extraordinary students of this year to become recipients of $7,500 scholarships, attend a special awards ceremony at the Milk House at Disney's Wide World of Sports and appear in a special milk mustache ad in USA Today.

Application Deadline: December 31, 2007

For more information visit www.bodybymilk.com


<table>
<thead>
<tr>
<th>Test Date</th>
<th>Registration Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 27, 2007</td>
<td>September 21, 2007</td>
</tr>
<tr>
<td>December 8, 2007</td>
<td>November 2, 2007</td>
</tr>
<tr>
<td>February 9, 2008</td>
<td>January 4, 2008</td>
</tr>
<tr>
<td>April 12, 2008</td>
<td>March 7, 2008</td>
</tr>
<tr>
<td>June 14, 2008</td>
<td>May 9, 2008</td>
</tr>
</tbody>
</table>

For more information, check out the website www.actstudent.org

Scholarship Information

Unusual scholarships for unusual scholars

Some scholarships are based on interest and some for students with special qualities. Passion for a cause can bring rewards. For an online list of unusual scholarships, go to finaid.org/scholarships/unusual.phtml

On the website CollegeScholarships.com you will find the following scholarship among many others: GOT MILK? A celebrity panel of judges will help select 25 extraordinary students of this year to become recipients of $7,500 scholarships, attend a special awards ceremony at the Milk House at Disney's Wide World of Sports and appear in a special milk mustache ad in USA Today.

Application Deadline: December 31, 2007

For more information visit www.bodybymilk.com
Career: Occupational Therapist

**Job Description:** Occupational therapists (OTs) help people who have conditions that are mentally, physically, developmentally, or emotionally disabling improve their ability to perform tasks in their daily living and working environments. They also help them develop, recover, or maintain daily living and work skills.

**Employment Facts:** Most OTs work in hospitals while others work in offices of other health practitioners, schools, and nursing facilities.

**Education:** Currently a bachelor’s degree in occupational therapy is the minimum requirement for entry into this field. Beginning this year (2007), however, a master’s degree or higher will be the minimum educational requirement.

**Other Requirements:** OTs must obtain a license. To do so, they must pass a national certification examination.

**Job Outlook:** Employment of OTs is expected to increase much faster than the average for all occupations through 2014.

**Earnings:**
- Home Health Care Services: $58,700
- Offices of the health practitioners: $56,600
- Long Term Care Facilities: $56,000
- General medical & surgical hospitals: $55,700
- Elementary and Secondary Schools: $48,580
- Nursing care facilities: $56,000

**A Day in the life of an OT:**

On a typical day, an OT will:
- Assist clients in performing activities of all types;
- Use physical exercises to help patients increase strength;
- Use activities to help improve visual acuity & the ability to discern patterns;
- And much more!

---

**College Lingo**

"Classification"

In college when someone asks you what classification you are, they are asking what "grade" you are in.

**Example:**
What classification are you?
I’m a junior (instead of saying “10th grade.”)
Or
How are you classified?
I am a sophomore.