



Upward Bound Newsletter

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Student Spotlight

Lorena Medina is a senior at Weatherford, which is best known for its college, Southwestern Oklahoma State University. Lorena's birthday is April 8th. A few things that she can not live without include music, hair products, God, friends, and family. Lori describes herself as someone who loves to laugh and loves to hang out with friends. Being invisible is a super power she would like to have so she can spy on people. Her favorite subject is Math and her least favorite is English. She is currently in Cosmetology at the Western Technology Center. Lori's motto is "treat people how you want to be treated, if that happens we will all be friends!".



Lorena Medina

Student Spotlight

Charla Crofts is a senior at Burns Flat-Dill City High School. According to her, Burns Flat is best known for the Spaceport. Charla was born on June 24th and the three things she can't live without are God, friends and family. She describes herself as short, happy and shy (if she does not know you), and her favorite food is chicken. Other than working at her job at United, Charla likes to read, write, text message, and hang out on MySpace and Facebook. Her plans after completing high school are going to college to become an optometrist. The best thing about being in Upward Bound for Charla is meeting her best friend which has made her a happier person.



Charla Crofts

Special points of interest:

- Find out about some of your Bridge students!
- College Terms

Student Spotlight



Justin Johnson

Justin Johnson is a senior at Burns Flat-Dill City High School. Burns Flat is best known for being a "quiet" town according to Justin. His idol is his sister, B.B., because she is diabetic and is so good about taking care of herself. Flying is his superpower choice so he wouldn't waste money on gas. Justin's favorite food is Chinese and his favorite subject is math. He describes himself as being friendly, trustworthy, and smart. He is on the Academic team, baseball team, and active in the Jr/Sr play. His job requires him to sweep, stock merchandise, clean the store, and work

the cash register. His plans include going to college and having fun. What Justin likes best about Upward Bound is the friendships and the MONEY.



Student Spotlight

Beaux Perry is a Senior at Carnegie but lives in Mountain View. His birthday is October 7th. According to Beaux, Mountain View is one of the oldest towns in Oklahoma and is a "boomer" town. Beaux can't live without music, Dance Dance Revolution, and people to talk to. He describes himself as having a short attention span. His superpower would be controlling time because he likes to take his time doing things. Beaux's favorite subject in school is

History and his least favorite is math. Playing guitar and D.D.R. are activities he likes to do in his spare time. After completing high school Beaux plans on going to college. His friends are the best thing about being in Upward Bound.



Beaux Perry

Occupations.....Physician's Assistant

Want to be a Doctor? How about a PA? According to the Occupational Outlook Handbook '06-'07 Edition, Physician Assistants (PAs) practice medicine under the supervision of physicians and surgeons. PAs are formally trained to provide diagnostic, therapeutic, and preventive health care services, as delegated by a physician. Some of the duties of a PA are treating minor injuries by suturing, splinting and casting; ordering and interpreting laboratory tests and x rays, and making diagnoses. They record progress notes, instruct and counsel patients, and order or carry out therapy.

Aspiring PAs should investigate the laws and regulations in the State in which they wish to practice. The workweek of hospital-based PAs may include weekends, nights, or early morning hospital rounds to visit patients. These workers also may be on call. However, PAs working in clinics usually work a 40-hour week. PA programs usually last at least two years and are full time. In 2005, more than 135 education programs for Physician Assistants were accredited or provisionally accredited by the American Academy of Physician Assistants. More than 90 of

these programs offered the option of a master's degree. Most applicants already have a bachelor's degree. Students should take courses in Biology, English, Chemistry, Mathematics, Psychology, and the Social Sciences. Employment of PAs is expected to grow much faster than average for all occupations through the year 2014, ranking among the fastest growing occupations. Median annual earnings of physician assistants were \$69,410 in May 2004.

Upcoming Meetings and Reminders

2007 Saturday Academies

October 20

November 3

November 17

**Meeting time is 9 a.m. to 12 p.m.

Campus meeting

December 1, 2007

**We will mail a letter detailing information mid-November.

Bus Routes

Watonga bus route

Watonga-8 a.m.

arrive @ SWOSU-8:45 a.m.

Elk City bus route

Elk City-7:30 a.m.

Burns Flat-8 a.m.

Clinton-8:20 a.m.

arrive @ SWOSU 8:45

Carnegie bus route

Mountain View-7:20 a.m.

Carnegie-7:35 a.m.

Ft. Cobb-7:50 a.m.

Binger-Oney-8:15 a.m.

arrive @ Anadarko-8:45 a.m.

*Do Not be late for the bus!

*Please make sure and let Jamie know if you will not be able to make a meeting.

*Remember, you can only miss THREE meetings!

*Please remember to check Comfit deadlines and do lessons!



ACT Test Dates

Registration Deadline

November 2, 2007

January 4, 2008

March 7, 2008

May 9, 2008



Test Dates

December 8, 2007

February 9, 2008

April 12, 2008

June 14, 2008

**Don't forget to use your fee waivers! Juniors may request a fee waiver from us for a January '08 or later test date.

College Terms

Concurrent Enrollment-HS Juniors and Seniors can enroll in college classes if admission requirements are met. SWOSU waives tuition for all concurrent students!

Workstudy-The Federal Work Study (FWS) Program is a government subsidized student employment program designed to assist students in financing their post-secondary education.



October Birthdays!

Beaux Perry

10/7

Sebastian Price

10/16

Kristen West

10/27

Tabitha Harper

10/30

Upward Bound

Primary Business Address
Your Address Line 2
Your Address Line 3
Your Address Line 4

Phone: 555-555-5555
Fax: 555-555-5555
Email: xyz@microsoft.com

▶ Your business tag line here.

We're on the Web!
example.microsoft.com



Organization

Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

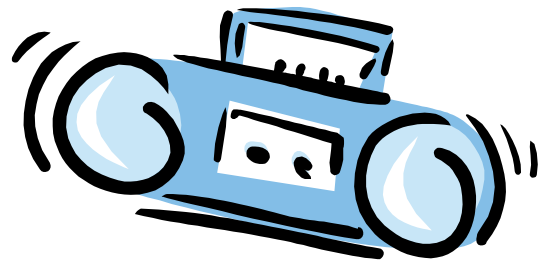
A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.

If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.



This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.