

# BACHELOR OF SCIENCE IN EDUCATION HEALTH AND PHYSICAL EDUCATION

## GENERAL EDUCATION

Courses that are **required** are in bold type.  
Courses that are *recommended* are in italics.

**TOTAL HOURS** ..... 43 - 44

**Composition** ..... 6

**ENGL 1113 English Composition I**  
**ENGL 1213 English Composition II**

**Mathematics** ..... 3

MATH 1143 Math Concepts  
MATH 1513 College Algebra OR  
higher numbered math course

**Computer Applications** ..... 2

**COMSC 1022 Computer & Information Access**

**Natural Sciences** ..... 8

**BIOL 1004 Biological Concepts (required)**  
SCI 1514 Concepts of Physical Science  
ASTRO 1904 Astronomy  
GEOL 1934 Physical Geology  
CHEM 1004 General Chemistry OR  
higher numbered chemistry course

**Humanities & Fine Arts** ..... 6

ART 1223 Art Survey  
**LIT 2413 Intro to Literature**  
MUSIC 1013 Intro to Music  
PHILO 1453 Intro to Philosophy  
**COMM 1313 Intro to Public Speaking**

**U.S. History & Government** ..... 6

**POLSC 1103 American Government & Politics**  
**HIST 1063 U.S. History**

**Economic & International Studies** ..... 6

**HIST 1033 World History**  
**GEOG 1103 World Cultural Geography**  
ECONO 2263 Intro to Macroeconomics **OR**  
ECONO 2363 Intro to Microeconomics

**Behavioral, Social, & Cultural Studies** ..... 6 - 7

**PSYCH 1003 General Psychology**  
SOCIO 1003 Intro to Sociology  
\_\_\_\_\_4 World Languages  
TECH 1223 Technology and Society  
**KINES 1133 Wellness Concepts & Exercise Appl**

## FOR INFORMATION CONTACT:

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## REGULATIONS PERTAINING TO GRADUATION

Minimum credit hours for graduation ..... 122-123  
Minimum credit hours in the liberal arts & sciences ..... 55  
Minimum credit hours in upper-division (3000/4000 courses)..... 40  
Minimum credit hours (3000/4000 courses)  
in major completed at SWOSU ..... 8  
Minimum credit hours at SWOSU (15 of the last 30) ..... 30  
Minimum Grade Point Average in all coursework ..... 2.50

## Health and Physical Education Major Code No. 709

Required Courses ..... 27

KINES 1932 Tech as Appl to Gym, Fitness, & Aqua  
KINES 1942 Tech as Applied to Individual Sports  
KINES 1952 Techniques as Applied to Team Sports  
KINES 2222 Foundations of HPER  
KINES 2212 First Aid  
KINES 2502 Care and Prevention of Athletic Injuries  
KINES 3133 Teaching Health in the Public Schools  
KINES 3443 Kinesiology and Anatomy  
KINES 4234 Exercise Physiology Lect & Lab  
KINES 4243 Therapeutic & Prescriptive Phys Educ  
KINES 4262 Motor Learning

Electives ..... 10

(Selected courses from those listed below)

KINES 1153 Nutrition  
KINES 2242 Sports Officiating  
PRM 4163 Community Recreation  
KINES 4052 Sociology of Sports  
KINES 4063 Legal Aspects in PE, Rec, & Athletics  
KINES 4073 Evaluation in Physical Education  
KINES 4113 Organization & Admin of HPER  
KINES 4122 Organization & Admin of Athletics  
KINES 4333 Principles and History of H & PE  
KINES 4353 Motor Development  
KINES Theory of Coaching –KINES 4802 Football,  
KINES 4832 Basketball, KINES 4842 Women's Basketball,  
KINES 4862 Baseball, KINES 4892 Track and Minor Sports  
KINES 4873 Curriculum Construction in HPER

Activity Electives ..... 2

Professional Education Requirements ..... 40

Certificate/Foundations Courses

EDUC 2113 Foundations of Education  
\*PSYCH 3213 Developmental Psychology  
\*SPCED 3132 Exceptional Children

## Foreign Language Proficiency (Required)

Pre-Professional Semester

EDPSY 3453 Educ Psychology (Elem)  
**OR** EDPSY 3653 Educ Psychology (Sec)  
ELEM 4613 Educ Tests & Measure (Elem)  
**OR** SECED 4813 Educ Tests & Measurements (Sec)  
ELEM 4833 Prin of Teaching Elementary  
**OR** SECED 4823 Prin of Teaching Secondary  
KINES 3553 Methods & Materials Elem HPER  
KINES 4553 Teacher's Course in H&PE  
KINES 4541 Capstone Experience HPE  
LIBED 3423 Media & Technology

Professional Semester

EDUC 3321 Multicultural/Special Populations  
EDUC 4021 Contemporary Issues in Education  
EDUC 4041 Classroom Management  
ELEM 4765 Student Teach in the Elem Schl  
SECED 4965 Student Teach in the Sec Schl

Total hours for degree ..... 122-123

## HPE EDUCATION (CODE 709) Suggested Course Sequence

| FIRST YEAR                    |                             | SECOND YEAR                 |                                 |
|-------------------------------|-----------------------------|-----------------------------|---------------------------------|
| FIRST SEMESTER                | SECOND SEMESTER             | FIRST SEMESTER              | SECOND SEMESTER                 |
| 1001 Freshman Orient* ..... 1 | 1003 Gen Psychology .....3  | 1004 Biological Conc.....4  | 1932 Tch Ap Gym, Ft Aq .....2   |
| 1022 Comp Info Access..... 2  | 1033 World History .....3   | 1103 American Govt .....3   | 1942 Tech App to Ind Spts ....2 |
| 1063 US History ..... 3       | 1213 English Comp II .....3 | 2222 Foundations HPER.....2 | Gen Educ Crse ..... 3           |
| 1113 English Comp I..... 3    | 2212 First Aid .....2       | 2413 Intro to Lit .....3    | Gen Educ Crse ..... 4           |
| 1133 Wellness Concept ..... 3 | Gen Educ Crse .....3        | Major Elective.....3        | Major Elective ..... 3          |
| Gen Educ Crse.....3           | P. E. Activity.....2        | English Proficiency Exam**  |                                 |
| Total: ..... 15               | Total:..... 16              | Total:..... 15              | Total: ..... 15                 |

| THIRD YEAR                           |                                    | FOURTH YEAR                             |                                 |
|--------------------------------------|------------------------------------|---|---------------------------------|
| FIRST SEMESTER                       | SECOND SEMESTER                    | FIRST SEMESTER                          | SECOND SEMESTER                 |
| 1952 Tch Ap to Team Spt..... 2       | 3133 Tchng Hlth Pub Sch .....3     | 3423 Media & Tech .....3                | 3321 Multi/Spec Pop ..... 1     |
| 2113 Foundations of Educ ..... 3     | 3553 M & M Elem PE .....3          | 3453 <b>or</b> 3653 Edu Psych .....3    | 4021 Contemp Issues in Ed.... 1 |
| 2502 Care & Prev Ath Inj .....2      | 3213 Develop Psych*** .....3       | 4541 Capstone.....1                     | 4041 Classroom Mgmt..... 1      |
| 3132 Excep Children*** ..... 2       | 4236 Exer Physiology               | 4553 Tchrs Crse H&PE.....3              | 4765 St Teaching in Elem.....5  |
| 4233 Exercise Physiology             | <b>or</b> 3443 Kines & Antmy.....3 | 4613 <b>or</b> 4813 Ed Test/Meas .....3 | 4965 St Teaching in Sec .....5  |
| <b>or</b> 3443 Kines & Antmy ..... 3 | 4262 Motor Learning .....2         | 4833 Pr Tch El                          |                                 |
| 4243 Ther/Prec Phys Ed ..... 3       | Major Elective.....2               | <b>or</b> 4823 Pr Tch Sec.....3         |                                 |
| Major Elective ..... 2               |                                    |   |                                 |
| Total: ..... 17                      | Total:..... 19                     | Total:..... 16                          | Total: ..... 13                 |

\* First time entering Freshmen need to take 1001 Freshman Orientation

\*\* If applicable. See English Proficiency Program under the General Academic Information Section.

\*\*\* SDE Guidelines and Procedures Handbook for Certification, page 3, and OK Regents for Higher Education Rule 11-2-24 state that courses classified as professional teacher education must be acquired from a four-year accredited program.