

BACHELOR OF SCIENCE IN EDUCATION
HEALTH AND PHYSICAL EDUCATION

	Required Courses	28
GENERAL EDUCATION Courses that are required are in bold type.		
REQUIRED HOURS.....		48-49
Communication.....		8
ENGL 1113 English Composition I	HPE R 1942 Techn Appl to Gym, Fitness, & Aqua	
ENGL 1213 English Composition II	HPE R 1942 Techs as Applied to Individual Sports	
COMM 1312 Basic Speech	HPE R 1952 Techniques as Applied to Team Sports	
	HPE R 2222 Foundations of HPER	
	HPE R 2242 Sports Officiating	
	OR HPE R 4222 Organ & Mngt of Intramurals	
	HPE R 2212 First Aid	
	HPE R 2502 Care and Prevention of Athletic Injuries	
	HPE R 3133 Teaching Health in the Public Schools	
	HPE R 3443 Kinesiology and Anatomy	
	HPE R 4233 Exercise Physiology	
	HPE R 4243 Therapeutic & Prescriptive Phys Educ	
	HPE R 4262 Motor Learning	
Mathematics.....		3
MATH 1143 Math Concepts		
MATH 1513 College Algebra		
OR a higher numbered math course		
Computer Application/Technology.....		2
COMSC 1022 Computers and Information Access		
TECH 1122 Technology & Society		
Economics.....		3
ECONO 1113 Contemporary Economics		
Health and Physical Education.....		3
HPE R 1133 Wellness Concepts and Exercise Applications (includes 1 hour lab)		
Natural Sciences.....		8
BIOL 1004 Biological Concepts		
SCI 1514 Concepts of Physical Science		
SCI 1614 Science & the Environment		
ASTRO 1904 Astronomy		
GEOL 1934 Physical Geology		
Fine Arts and Humanities.....		6
ART 1222 Art Survey		
LIT 2412 Introduction to Literature		
MUSIC 1012 Introduction to Music I		
PHILO 1452 Introduction to Philosophy		
U.S. History and Government.....		6
HIST 1063 U.S. History		
POLSC 1103 American Government and Politics		
International and Cultural Studies.....		6-7
HIST 1033 World History		
GEOG 1103 World Cultural Geography		
POLSC 1153 World Relations and Politics		
Foreign Language (4 hr/includes 3 hr class & 2 hr lab)		
Behavioral/Social Science.....		3
PSYCH 1003 General Psychology		
SOCIO 1003 Introduction to Sociology		
	Electives.....	9
	(Selected courses from those listed below)	
	HPE R 3663 Recreation Leadership	
	HPE R 4163 Community Recreation	
	HPE R 4663 Camp Counseling	
	HPE R 4773 Organ. & Admin. of Outdoor Education	
	HPE R 4052 Sociology of Sports	
	HPE R 4063 Legal Aspects in PE, Rec, & Athletics	
	HPE R 4073 Evaluation in Physical Education	
	HPE R 4113 Organization & Admin of HPER	
	HPE R 4122 Organization & Admin of Athletics	
	HPE R 4333 Principles and History of H & PE	
	HPE R 4344 Applied Kinesiology	
	HPE R 4353 Motor Development	
	HPE R 4432 Athletic Training Modalities	
	HPE R Theory of Coaching -HPE R 4802 Football,	
	HPE R 4832 Basketball, HPE R 4842 Women's	
	Basketball, HPE R 4862 Baseball, HPE R 4892 Track	
	and Minor Sports	
	HPE R 4873 Curriculum Construction in HPER	
	Activity Electives.....	2
	Professional Education Requirements.....	40
	Certificate/Foundations Courses	
	EDUC 2113 Foundations of Education	
	SPCED 3132 Exceptional Children	
	PSYCH 3213 Developmental Psychology	
	Foreign Language Proficiency (Required)	
	Pre-Professional Semester	
	LIBED 3423 Media & Technology	
	EDPSY 3453 Educ Psychology (Elem)	
	OR EDPSY 3653 Educ Psychology (Sec)	
	ELEM 4613 Educ Tests & Measure (Elem)	
	OR SECED 4813 Educ Tests & Measurements (Sec)	
	ELEM 4833 Prin of Teaching Elementary	
	OR SECED 4823 Prin of Teaching Secondary	
	HPE R 3553 Methods & Materials Elem HPER	
	HPE R 4553 Teacher's Course in H&PE	
	HPE R 4541 Capstone Experience in HPER	
	Professional Semester	
	EDUC 3321 Multicultural/Special Populations	
	EDUC 4021 Critical Issues in Education	
	EDUC 4041 Classroom Management	
	ELEM 4765 Student Teaching in the Elem Schl	
	SECED 4965 Student Teaching in the Sec Schl	
	Total hours for degree.....	129

REGULATIONS PERTAINING TO GRADUATION

Minimum credit hours for graduation.....	129	Minimum credit hours (3000/4000 courses)	
Minimum credit hours in the liberal arts & sciences.....	55	in major completed at SWOSU	8
Minimum credit hours in upper-division		Minimum credit hours at SWOSU (including last 8)	30
(3000/4000 courses)	40	Minimum Grade Point Average in all coursework	2.50

CERTIFICATION

**Southwestern Oklahoma State University Athletic Coaching Certificate
(not required for State certification)**

Required Courses	18	HPE R 4233 Exercise Physiology
HPE R 2212 First Aid		HPE R 4802 Theory of Coaching Football
HPE R 2242 Sports Officiating		HPE R 4832 Theory of Coaching Basketball
OR HPE R 4222 Organ & Management of Intramurals		HPE R 4842 Theory of Coaching Women's Basketball
HPE R 2502 Care & Prevention of Athletic Injuries		HPE R 4862 Theory Coaching Baseball
HPE R 3443 Kinesiology		
HPE R 4892 Theory of Coaching Track & Minor Sports		

This endorsement may be attached to a valid elementary, elementary-secondary, secondary, library media specialist, speech-language pathology, or vocational-technical certificate and authorizes the holder to act as an athletic coach at the level of the certificate to which the endorsement is attached.

This endorsement is available but not required for an individual to act as an athletic coach.

**HPER EDUCATION - (CODE 709)
Suggested Course Sequence**

FIRST YEAR		SECOND YEAR	
FIRST SEMESTER	SECOND SEMESTER	FIRST SEMESTER	SECOND SEMESTER
1001 Freshman Orient*..... 1	1003 Gen Psychology ⁴3	1103 American Govt3	1113 Cont Economics 3
1063 US History..... 3	1033 World History.....3	1312 Basic Speech2	1932 Tch Ap Gym, Ft Aq.. 2
1113 English Comp I.....3	1213 English Comp II3	1942 Tech App to Ind Spts..2	Major Elective3
1133 Wellness Concept..... 3	2212 First Aid.....2	2222 Foundations HPER2	Intl & Cul Std ² 3
PE Activity2	1143 Math Concepts	4222 Org Mn Int	Fine Arts & Hum ¹ 2
Comp App/Tech ⁵2	or 1513 Col Algebra3	or 2242 Spt Off2	Natural Science ³ 4
Fine Arts & Hum ¹2	Fine Arts & Hum ¹2	Natural Science ³4	
		Major Elective2	
		English Proficiency Exam**	
Total: 16	Total:..... 16	Total:.....17	Total:..... 17

THIRD YEAR		FOURTH YEAR	
FIRST SEMESTER	SECOND SEMESTER	FIRST SEMESTER	SECOND SEMESTER
1952 Tch Ap to Team Spt ... 2	3133 Tching Hlth Pub Sch...3	3423 Media & Tech.....3	3321 Multi/Spec Pop 1
2502 Care & Prev Ath Inj ... 2	3553 M & M Elem PE.....3	3453 or 3653 Edu Psych.....3	4021 Critical Issues in Ed.. 1
2113 Foundations of Educ . 3	3213 Develop Psych.....3	4553 Tchrs Crse H&PE3	4041 Classroom Mgmt 1
3132 Exceptional Children. 2	4233 Exer Physiol	4541 Capstone1	4765 St Teaching in Elem.. 5
4233 Exercise Physiology	or 3443 Kines & Antmy3	4613 or 4813 Ed Test/Meas.3	4965 St Teaching in Sec..... 5
or 3443 Kines & Antmy 3	4243 Ther Persc Phys Ed3	4833 Pr Tch El	
4262 Motor Learning 2	Gen Educ Crse2	or 4823 Pr Tch Sec3	
Major Elective..... 2		Major Elective2	
Total: 16	Total:.....17	Total:.....18	Total:..... 13

¹ Choose from the following: 1222 Art Survey; 2412 Intro to Lit; 1012 Intro to Music; 1452 Intro to Philosophy (6 Hrs required)
² Choose one course (3-4 Hrs) from the following: 1103 Wrld Cultural Geography; 1153 Wrld Relations & Politics; Foreign Lang (4 Hr includes 3 hr class & 2 Hr lab)
³ Choose one course (4 Hrs) from the following: 1514 Concepts of Physical Science; 1614 Chemistry & Society; 1904 Astronomy; 1934 Physical Geology
⁴ Choose one course from following: 1003 General Psychology; 1003 Introduction to Sociology
⁵ Choose one course from the following 1022 Computers & Information Access or 1122 Technology & Society
 *First-time entering freshmen need to take 1001 Freshman Orientation
 **If applicable. See English Proficiency Program under the General Academic Information Section.