

## Physical Education/Sports Medicine

Updated August 2008

Are you looking for information on how to dress a sports injury? Do you need to write a paper on the history of the Olympic Games? Needing information on proper nutrition for athletes? The information provided here is meant to be your starting point to further research. For more information, please consult the librarians.

### Reference Books

- Adapted Physical Education National Standards  
**371.9044 N213a**
- Complete Book of the Olympics  
**R 796.48 W156c**
- Diabetes Sourcebook  
**R 616.462 D543 1999**
- Dictionary of the Sport and Exercise Sciences  
**R 613.7103 D561**
- Directory of Psychological Tests in the Sport and Exercise Sciences  
**Ref Desk 796.01 D628**
- Educator's Guide to Free Health, Physical Education and Recreation Materials  
**R O16.371 Ed8gh**
- Encyclopedia of Disability and Rehabilitation  
**R 362.403 En195**
- Encyclopedia of Drugs, Alcohol, and Addictive Behavior  
**R 362.2903 En195 2001**
- Encyclopedia of Infectious Diseases  
**R 616.903 T939**
- Encyclopedia of Nutrition and Good Health  
**R 613.203 R775**
- Encyclopedia of Obesity and Eating Disorders  
**R 616.8526003 C272e**
- Encyclopedia of Sports Medicine: Biomechanics in Sport  
**R 617.1027 B521**
- Encyclopedia of Sports Medicine: Nutrition in Sport  
**R 616.390088796 N959**
- Encyclopedia of Sports Medicine: Women in Sports  
**R 617.1027082 W842**
- Encyclopedia of Sports Science  
**R 613.71 En195**
- Encyclopedia of Vitamins, Minerals, and Supplements  
**R 612.399 En195**
- Encyclopedia of World Sport: From Ancient Times to the Present  
**R 796.03 En198**
- Gale Encyclopedia of Alternative Medicine  
**R 615.503 G151**
- Gale Encyclopedia of Medicine  
**R 616.003 G1317 2002**
- Human Body: An Illustrated Guide to Its Structure, Function, and Disorders  
**612 H885**
- Human Figure in Motion  
**612.767 M98h**
- Mosby's Medical, Nursing, & Allied Health Dictionary  
**R 610.3 M85 2002**
- Nutrition and Diet Therapy Reference Dictionary  
**R 613.203 L138n4**
- Obesity Sourcebook  
**R 616.398 Ob256**
- Official Encyclopedia of Tennis  
**R 796.342 Un3o**
- Pain Sourcebook  
**R 616.0472 P161 2002**
- PDR (Physician's Desk Reference) for Nonprescription Drugs and Dietary Supplements  
**R 615.1 P568**
- Public Health Sourcebook  
**R 362.10973 P96 1998**
- Rehabilitation Sourcebook  
**R 362.1786 R266**
- Sports Injuries Sourcebook  
**617.1027 S764**
- Sports Medicine Bible  
**617.1027 M582s**
- Stedman's Medical Dictionary  
**R 610.3 St315s 2000**
- Webster's Sports Dictionary  
**R 796.03 W399**
- What's in a Nickname?: Exploring the Jungle of College Athletic Mascots  
**R 929.4 F855w**

## Books

370	Education
610	Medical Sciences; Medicine
790	Recreational & Performing Arts

## GOVERNMENT DOCUMENTS

ED	Education Dept.
HE	Health & Human Services Dept.

## Articles

Article databases can be found at  
(<http://www.swosu.edu/library/>)

- CINAHL (EbscoHost)
- Education Research Complete
- ERIC (EbscoHost)
- Health Source: Nursing/Acad. Edition
- MedLine (EbscoHost)
- SPORTDiscus (EbscoHost)

For a complete list of periodicals owned by the library, look at the Periodical List  
(<http://www.swosu.edu/library/>)

## Internet Resources

- ACE EXERCISE LIBRARY  
<http://www.acefitness.org/getfit/freeexercise.aspx>
- AMERICAN ACADEMY OF PODIATRIC SPORTS MEDICINE  
<http://www.aapsm.org>
- AMERICAN COLLEGE OF SPORTS MEDICINE  
<http://www.acsm.org>
- AMERICAN DIETETIC ASSOCIATION  
<http://www.eatright.org>
- AMERICAN JOURNAL OF SPORTS MEDICINE  
<http://ajs.sagepub.com>
- AMERICAN PHYSICAL THERAPY ASSOCIATION  
<http://www.apta.org>
- AMERICAN SPORTS MEDICINE INSTITUTE  
<http://www.asmi.org/>
- BALANCE, STRETCHING & STRENGTH TRAINING  
<http://www.mayoclinic.com/health/fitness/SM00103/>
- BRITISH JOURNAL OF SPORTS MEDICINE  
<http://bjsm.bmjournals.com>
- CHILD AND TEEN NUTRITION  
<http://www.nlm.nih.gov/medlineplus/childandteenhealth.html>
- CHILDREN'S NUTRITION RESEARCH CENTER

- <http://www.kidsnutrition.org>
- CHOLESTEROL  
<http://www.americanheart.org/presenter.jhtml?identifier=1516>
- EXPLORATORIUM: SPORT SCIENCE  
<http://www.exploratorium.edu/sports/index.html>
- FOOD AND NUTRITION INFO CENTER  
<http://fnic.nal.usda.gov>
- HEALTHIERUS.GOV  
<http://www.healthierus.gov>
- INFOAGING  
<http://www.infoaging.org>
- INSTITUTE FOR PREVENTATIVE SPORTS MEDICINE  
<http://www.ipsm.org>
- LANCET  
<http://www.thelancet.com>
- MARATHON GUIDE  
<http://www.marathonguide.com>
- MARTINDALE'S VIRTUAL NUTRITION CENTER  
<http://www.martindalecenter.com/Nutrition.html>
- NATIONAL ACADEMY OF SPORTS MEDICINE  
<http://www.nasm.org>
- NATIONAL ATHLETIC TRAINERS' ASSOCIATION  
<http://www.nata.org/>
- NATIONAL CENTER FOR HEALTH STATISTICS: INJURY DATA  
<http://www.cdc.gov/nchs/injury.htm>
- NATIONAL CENTER FOR CATASTROPHIC SPORT INJURY RESEARCH  
<http://www.unc.edu/depts/nccsi/>
- NEW ENGLAND JOURNAL OF MEDICINE  
<http://content.nejm.org>
- NUTRITION AND HEALTH INFO SHEETS  
<http://nutrition.ucdavis.edu/InfoSheets/>
- NUTRITION FACTS & CALORIE COUNTER  
<http://www.nutritiondata.com>
- OKLAHOMA ATHLETIC TRAINER'S ASSOCIATION  
<http://www.oata.net/>
- PHYSICIAN AND SPORTS MEDICINE ONLINE  
<http://www.physsportsmed.com>
- QI: JOURNAL OF TRADITIONAL EASTERN HEALTH & FITNESS  
<http://www.qi-journal.com>
- WEIGHT CONTROL INFO NETWORK  
<http://win.niddk.nih.gov/index.htm>
- WORLD'S HEALTHIEST FOODS: A-Z  
<http://www.whfoods.com/foodstoc.php>
- YOUR DISEASE RISK  
<http://www.yourdiseaserisk.harvard.edu>