Students Thankful for Food and Memories

By B. Mauldin and N. Smith

Thanksgiving brings the best and the worst out in some people. I love Thanksgiving, not only for the food, but also for the family and friends that I have. Here are some other people’s thoughts on what they’re thankful for or what their best memories are of this American holiday.

Jessica Lesley stated, “The thing I’m most thankful for is my son. He had to overcome so much when he was born to be a part of this world, he is truly my hero. He is a strong little boy that I know God has lots of plans for.”

Seth Fronberger said, “Thanksgiving is my favorite holiday of the year, even over Christmas. My family always gets together for the week. It seems we do nothing but eat, and I love to eat. Things get pretty out of hand when all of my family gets together. I can remember one Thanksgiving when we went to my uncle’s hunting and I got stuck with my little cousin in the stand. We were sitting there and my little cousin pulled out a package of cookies. I about died. I had never seen anyone eat while they were hunting. It was hilarious!”

Cindel Fish said, “I love food! And I really love a whole holiday set for eating! Somebody was so smart when they came up with mashed potatoes and gravy. I’m very thankful for having a mother that can cook. And I think she may love me; so, I’m thankful for that too!”

Cody Lord remembers a good Thanksgiving about three years ago. “We have always gone hunting the morning of Thanksgiving for as long as I can remember, but I’ve never gotten anything. We were walking around because we got bored of sitting in our blind and almost ready to give up and, all of a sudden, I saw a white tail go straight up in the air. I looked for it in my scope and couldn’t find (Continued on page 5)

Changes and Happenings in Your SGA...

By Candise Warren

Great things are happening within your Student Government Association. The winners have been chosen for the Thanksgiving Dinner giveaways. Theresa Villa and Shannon Margerum have been chosen. They will receive a Turkey dinner from Homeland, courtesy of each one of you that have helped out by buying even one thing from the Famished Fridays Bake Sales.

The SGA will be raffling off a Nintendo DS, a Digital Camera, and a Digital Camcorder. Tickets will cost $1.00 each, and tickets must be bought separately for each item. Tickets may be purchased from any SGA member. Drawing will be held December 12 for the winners.

Your SGA is planning an appreciation dinner for the faculty and staff. There will be a variety of foods served from 11 a.m. to 1 p.m. on December 11. This is a wonderful way for the student body to say thank you to all the staff and faculty members for all their hard work for the college and the students.

Due to unforeseen circumstances, several of the elected SGA officers have had to be replaced. According to the rules of the SGA, new members must be appointed in their place. Please congratulate Jessica Steinke as the new Sophomore Representative. There was only one Sophomore Representative elected in the first place. Jessica has been to all the meetings, and is willing to help out in any way possible for the student body. Shannon Margerum has been appointed in the place of the Secretary. She has been a great asset already with her decorating skills for the Fall Festival, and her input. Theresa Villa has been appointed to the Position of Treasurer. Theresa is also a willing worker who has a lot of great ideas.

You may have also noticed the red, white and blue boxes sitting in the hallways. The SGA is sponsoring an event to collect items for our military personnel. There is a list of acceptable items to be sent to our troops overseas posted above each box. The deadline to get the items to the servicemen by Christmas is December 10. Please help tell our service members thank you this Christmas by contributing. The boxes will be left up after this time, as it seems that people forget about them after the holidays are over.

Everyone have a great Thanksgiving break. Remember, there will only be about a week and a half after Thanksgiving break before finals start.

(Continued on page 5)
The annual SSPO (Support Staff personnel Organization) recognition reception was held November 13th in the Bulldog Café. SWOSU employees are honored for years of service divisible by five. This year’s campus honorees were Kim Seymour Shirley Bound, and Marita Kennemer. Janice Hodge was also recognized for her recent retirement.

“These ladies deserve a big pat on the back for their many years of dedicated service to the University and our students,” said Terry Billey, administrative assistant to the Dean.

Kim Seymour – Registrar – 20 years,

Shirley Bound – Interactive Video Coordinator – 5 years

Marita Kennemer – Café Manager – 5 years

Janice Hodge – Retired Librarian

Dr. Jim James, Dean, and the Sayre staff members attended the event along with several visitors from the Weatherford campus. Those visitors include Dr. John Hays, President; Dr. Cindy Foust, Associate Provost; and three SSPO officers, Lisa Friesen, Sonya Roper and Melanie Fast. Refreshments were served and Dr. Hays presented Shirley Bound with her 5-year pin (she was the only honoree present).

Each member of the group then took a guess at the number of pennies in a jar (counted by Dr. James). Sherron Manning guessed within 34¢ to win a $25 gift certificate to the University Bookstore.

A lighthearted game of Patriotic Trivia followed, and we found out just how much everyone knows about our history and our flag. Team 3 (comprised of April Howenstein, Dianna Mosburg, Jim VanBuren, Louis Brittain, and Dr. Hays) emerged victorious.

“We look forward to celebrating another five years with everyone,” Billey said.

Did You Ever Wonder Why . . .

Did you ever wonder why we eat turkey on Thanksgiving?

It is believed that the foul fella became the star of the feasting holiday partly due to Queen Elizabeth. In the 1500’s, the Queen, along with her royal family, was enjoying a roasted goose as the main dish of her harvest festival supper. While they were eating, she received word that the Spanish Armada had been sunk before it could attack her home, the Buckingham Palace. She ordered another goose to celebrate her good fortune. When the Pilgrims arrived in America years later, wild turkeys were more abundant than geese in that area around Plymouth Rock, which made it easier to substitute the earlier entrée.

Thanksgiving was set as the fourth Thursday in November by President Franklin D. Roosevelt in 1939 (approved by Congress in 1941.) Before that, President Lincoln designated the holiday as the last Thursday in November, but some years that would be a 5th Thursday of the month. Before Lincoln it wasn’t even celebrated as an annual festive occasion. In 1817, New York adopted Thanksgiving day as a yearly custom, and by the middle of the 19th century, other states had caught on to the custom. In 1989, the National Thanksgiving Commission was instituted in the George Washington Chapel at Valley Forge.
Not all Must Go Hungry…

By Candise Warren

Many of Oklahoma’s students go home from school each day, and their family can not afford to prepare a supper for them. Many of Oklahoma’s children do go to bed hungry each night, and sometimes even have to go all weekend without a meal. There is an alternative though. “Oklahoma ranks third in the nation in the number of hungry people per capita, and fifth in those at risk of going hungry,” according to the Food 4 Kids Backpack program website.

Food 4 Kids Backpack program provides a weekly backpack of shelf-stable, nutritious food to children identified as being “at risk” for hunger. The backpacks are provided at the end of the school day on Fridays for the children to take home to eat over the weekend. Many times there are even siblings at home, and the program seeks to identify them and provide food for them too.

There are also summer programs in place to help children that might go without a balanced meal over the summer. Many times, this is the only food these children may have access to. This program allows parents to be able to provide a nutritious meal to their children when they may otherwise have to do without. The summer program goes into the communities where needs have been identified.

A sample of the contents of a Food 4 Kids backpack.

“THE REGIONAL FOOD BANK OF OKLAHOMA started Food 4 for Kids in 2003. Since then, it’s been expanded to 239 grade schools in 37 counties, and there is much more demand than there is supply. It takes roughly $200 to keep a child supplied in a weekend backpack of food for a school year.” News 9, Oklahoma website

For more information visit: www.regionalfoodbank.org
Or contact Vanessa Herring at (405) 972-1111, ext. 155; e-mail: vherring@regionalfoodbank.org

Green Bean Casserole
INGREDIENTS:
- 1 can (10 3/4 ounces) condensed cream of mushroom soup
- 4 cups cooked green beans
- 1/8 teaspoon pepper
- 1/2 cup milk
- 1/3 cups French fried onions

PREPARATION:
Mix soup, milk and pepper in a 1 1/2-quart casserole dish. Stir in beans and 2/3 cup of the fried onions. Bake for about 25 minutes at 350 degrees F. Top with the remaining 2/3 cup fried onions and bake about 5 more minutes, until onions are lightly browned.
Serves 6.

Candied Sweet Potatoes (Yams)
INGREDIENTS:
- 6-8 medium-sized sweet potatoes
- 1 cup firmly packed brown sugar
- 3 tsp. ground cinnamon
- 1 cup melted butter, plus 2 tbsp. melted butter
- 1-1/2 cups mini marshmallows
- 1/2 cup pecan chips

Slice sweet potatoes into 1/4 inch round slices. Arrange potatoes in a lightly greased baking dish (approx. 13”x9”x2”).

PREPARATION:
Mix brown sugar, cinnamon, and pecans in a bowl. Sprinkle each layer of potatoes with the mixture. Pour 3/4 cup melted butter over potatoes evenly. Cover and back at 375°F for 30 minutes.
Remove, and baste with remaining 1/4 cup butter. Cover and continue baking for 30 minutes. (If transporting dish, stop here and continue last step at remote location – warm 5-10 minutes in oven before adding marshmallows).
Remove, sprinkle marshmallows evenly on top and continue baking without cover for 5 minutes.
‘Tis the Season to Give and Receive

What’s goin’ on on campus and in class?

A man once said it is better to give than receive, yet students on the Sayre campus will have the opportunity to do both this season, through student organizations PBL and SGA.

To Give . . .

PBL is accepting donations of new toys through Dec. 3.

The “Toys for Tots” box is located in Mackey Hall, by the office of PBL sponsor Holly Hernandez. The toys are being donated to the Sayre Methodist Church’s toy drive, and Community Coordinator Janet Rizley was happy to come by the campus and pick up the toys collected so far. But now the box is empty again, so pitch in, if you can.

To Receive . . .

If you know any one hit hard by these trying economic times who could use a food basket this year, please submit their name to any SGA member or to Nancy Sanders in the Financial Services Office. SGA has received only one name so far, and would like to help some more people.

Make the most of your student organizations by participating during this holiday season.

Computer Science . . .

What’s goin’ on in class is a little practical application. Ms. Deborah Carpenter’s Computer Science I class recently worked on a project not found in the class’s textbook. SWOSU students were able to download recovery software to retrieve 493 pictures someone had accidentally deleted from her digital camera’s sd card.

When asked if there was a way to recover them, Ms. Carpenter decided to make it a class assignment. The students were successful in recovering most of the files because the sd card had not been used after the pictures were inadvertently deleted. If new pictures had been taken, the new pictures would have permanently written over the old ones. Computer Science is there for you, if you ever have this problem.

Medical Terminology Class . . .

The Medical Terminology class taught by Chris Stufflebean recently learned how to do venapuncture. This is the process used in order to draw blood or to provide intravenous fluids in the hospital. A synthetic arm provides painless practice!

Besides General studies, the most popular majors with students appear to be in the Medical or Business field.

The number one major is General Studies with a total of 238 students. Coming in at number two is Radiologic Technology with 42 enrolled. Nursing and General Business are tied for the number three slot with about 36 students. Next there is Medical Lab Tech, 26; Physical Therapy, 20; Occupational Therapy, 18; Criminal Justice, 13; and Computer Science, 10.

There are 300 freshmen, 155 sophomores, 16 juniors, 27 seniors, and 1 underclassman to bring the total headcount to 499, with 308 of those full time students.

By Tom Warren

A recent study was done on enrollment at the SWOSU Sayre campus. Enrollment is down for the fall semester from 525 total students last year at this time to 499 for the fall semester of 2008. There are 147 male students and 355 female students.

Enrollment by county includes Beckham at 59%; Custer at 6.3%; Roger Mills at 6.2%; and Washita at 11.2%.

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Thanksgiving Memories, cont’d from page one . . .

(Continued from page 1)

anything. I looked again and there it was, so I took my aim and shot down that deer.”

“I am most thankful for twist-e-tie and Cool Whip bowls. I don’t know what I would do without these items.” - Ashley Luttrell

“I think my favorite Thanksgiving was when everyone had got dressed up to eat, then spent like 4 hours talking and eating. Then after everyone was done eating, my grandpa decided that there was still enough time to go to the field and strip some cotton until the sun went down. So we went home, changed clothes, and went out to the field and stripped for a while, and then came home and ate leftovers.” – Matt Luttrell

“I am most thankful for the Thanksgiving I had in 2004. This was my father’s last Thanksgiving. I had a weird feeling that my father did not have much longer to live, so I tried to spend as much time with him as I possibly could. During Thanksgiving we ate the usual turkey dinner with all the sides. The family joked around and we had a great time. After dinner me and my dad sat in the living room and enjoyed a great afternoon of watching old Westerns and poking fun at the crazy clothes that were worn back then. My father passed away the following November due to an allergic reaction to the medicine the doctors gave him during a surgery, but I still will always have the memory of the last Thanksgiving.” - Robbie Lowery

“My favorite memory of Thanksgiving is last year when my whole family got to eat together. My uncle and my grandpa both work on oil rigs, so its kind of hard to get everybody together on the holidays. Also, my dad runs a hotshot business and he is constantly leaving on jobs too. I had so much fun last Thanksgiving seeing my family together around the table talking, and laughing together. I hope that everyone gets to be here for Thanksgiving again.” – Courtney Brown

“My favorite Thanksgiving memory would be all the times we sat at the table talking with my grandpa. He would cook a full Thanksgiving meal by himself and wouldn’t let anyone help. He cooked everything from the turkey to all the pie. Then after we would eat we would all sit around and talk to him. He was the nicest person in the world. I miss him.” - Anonymous

“Every Thanksgiving all my family gets together at my aunt’s and we play cards all night. It gets really fun. My favorite part of the meal is the desserts, especially the pumpkin pie, I love it. Having my family with me is what I am the most thankful for. I love them, and they are always there for me.” - Karla Chaparro

One person stated anonymously, “The one thing I am most thankful for is my family. Our family comes together more often than most, having some sort of get-together at least twice a month and I’m not just talking about my immediate family, but great-aunts and grandparents too. I enjoy being in such a close knit family because no one is really ever left out in the dark unless they are just not paying attention. Whenever there is an important decision, we are always there to make an agreement.”

“My mother always cooked Thanksgiving Dinner each year. Rarely would she even let anyone help her. The last year she was with us, she got real sick. She would not be able to cook for her family this Thanksgiving. She was just too sick and had to stay in bed most of the time. My mother had been a very hard working woman all her life, she had raised three kids on her meager salary and did without many things to give us what she could. She wanted to have everyone there that Thanksgiving, and it broke her heart that she could not cook. I was granted the privilege of cooking my mother’s very last Thanksgiving dinner. Everyone came, and we ate together. We got her out of bed, and she sat at the table with us one last time. She died not long after Christmas that year, and I have thanked God many times that He allowed me that privilege.” - Candise Warren

By Tom Warren

- Turkeys are able to adapt to a wide variety of habitats.
- The best time to see a turkey is on a warm clear day or in a light rain.
- Turkeys have heart attacks. When the Air Force was conducting test runs and breaking sound barriers, fields of turkeys would drop dead.
- Turkeys can drown if they look up when it is raining.
- Turkeys spend the night in trees. They fly to their roosts around sunset.
- Turkeys fly to the ground at first light and feed until mid-morning. Feeding resumes in mid-afternoon.
- Gobbling starts before sunrise and can continue through most of the morning.
- A wild turkey has excellent vision and hearing. Their field of vision is about 270 degrees. This is the main reason they are able to elude some hunters.
- A spooked turkey can run at speeds up to 20 miles per hour. They can burst into flight nearing speeds at 50-55 miles per hour in just a few seconds.
- Benjamin Franklin wanted the national bird to be a turkey.
Pecan Pie Recipe

**INGREDIENTS**
- 2 eggs, slightly beaten
- 1 cup light corn syrup
- 1/4 cup brown sugar
- 1 Tbsp molasses
- 2 Tbsp melted butter
- 2 Tbsp flour
- 1/4 teaspoon salt
- 1 teaspoon vanilla
- 1 1/4 cups pecans, coarsely chopped

**METHOD**
1. Preheat oven to 375°F. Spread pecans along the bottom of the pie shell. Mix the remaining ingredients and pour over pecans. The pecans will rise to the surface of the pie.
2. Bake at 375°F for 45-50 minutes until the filling has set. About 20 minutes into the cooking you may want to use a pie crust protector, or tent the edges of the pie crust with aluminum foil to prevent the pie crust edges from burning.
3. Remove from oven and let cool completely.

**Serves 8.**

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**Finals Schedule**

FINALS FOR SHORT COURSES AND NIGHT CLASSES WILL BE HELD DURING THE LAST REGULAR CLASS SESSION, EXCEPT FOR THOSE MEETING DURING FINAL EXAMS DAYS.

**Thursday, December 11, 2008**
- 8:30-10:30 AM: AND 8:00 AM T R
- 10:30 AM-12:30: AND 9:30 AM T R

**Friday, December 12, 2008**
- 8:30-10:30: AND 8:00 AM M W F
- 10:30 AM-12:30 PM: AND 12:00 PM M W F

**Monday, December 15, 2008**
- 8:30-10:30 AM: AND 9:00 AM M W F
- 10:30 AM-12:30 PM: AND 1:00 PM M W F

**Tuesday, December 16, 2008**
- 8:30-10:30 AM: AND 10:00 AM M W F
- 10:30 AM-12:30 PM: AND 11:00 AM T R

**Wednesday, December 17, 2008**
- 8:30-10:30 AM: AND 11:00 AM M W F
- 10:30 AM-12:30 PM: AND 12:30 PM T R

**ALL OTHER FINAL EXAMS SCHEDULED BY THE INSTRUCTOR.**

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**Calendar of Events**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Details</th>
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<tbody>
<tr>
<td>Thanksgiving Break</td>
<td>Nov. 26-28</td>
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<td>Class Resumes</td>
<td>Dec. 1st:</td>
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<td>Last day to drop</td>
<td>Dec. 5th:</td>
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<td>Dead Day</td>
<td>Dec. 8-10</td>
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<td>Final Exams</td>
<td>Dec. 11-17</td>
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<td>Christmas Break</td>
<td>Dec. 18-Jan. 7</td>
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<td>Chelsi Handler tickets on sale</td>
<td>Jan. 7, 2009</td>
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<tr>
<td>First Day of Spring Semester</td>
<td>Jan. 8, 2009</td>
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<tr>
<td>-Famished Fridays Bake Sale (except the week of finals).</td>
<td>Every Friday</td>
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**ENROLL BEFORE CLASSES FILL**

BY LANDRY BREWER

With finals on the horizon and the holiday season upon us, it’s easy to put off enrolling for next semester. But classes, filling, and waiting could cost you a seat in a class taught by your favorite instructor, or one you need to graduate in May.

Don’t procrastinate. Act now!

You can enroll in the Registrar’s Office Monday through Friday, 8:00 a.m. to 4:30 p.m. Here’s how in three easy steps:

**Step 1:** With your advisor’s input, work out a schedule that suits you.

**Step 2:** Fill out an enrollment form. They’re next to the printed class schedules in the information racks in Mackey Hall and the Alexander Building, or you could pick up one in the Registrar’s Office or from your advisor.

**Step 3:** Take your enrollment form to Kim Seymour or Paula McKennon in the Registrar’s Office, and one of those ladies will enroll you.

It’s that easy.

And as you consider what classes to take next semester, don’t forget about night classes and telecourses.

In addition to the night classes meeting at the SWOSU-Sayre campus in the spring, two night classes are offered at Elk City. Introduction to Literature and College Algebra will meet at Elk City High School, which is at the corner of Pioneer and Country Club streets.

Telecourses are arranged, which means they don’t require class attendance. All of the work is done at home, and you only come to the campus to take tests.

Telecourses and night classes are ideal for busy, dedicated students who have to juggle college along with work and family obligations.

All of the telecourses are listed on page 7 of the printed schedule, and the night classes are listed on page 8.