Spring Break—Time to Plan for Fun

By Ashley Dunn

Spring Break always conjures up images of fun in the sun, but with the high prices of everything and the poor economy, not all college students can afford to take a big trip.

The Watchdawg staff has come up with a few cheap ways to still have fun on a budget. See page 4 to find out what your classmates have planned for Spring Break.

**Under $50**

Golfing, Fishing, Bowling

Skating, or Hunting.

Tour State Parks.

Try a new restaurant, like Miller’s Café on W. Main Street in Sayre or Patio 8 Café for lunch on E. Main.

Join a gym, like Superior Fitness.

Visit Cheyenne’s new Washita Battle Site Memorial and eat out downtown at that Mexican restaurant in the historic old Catholic church.

Buy stamps and Snail-Mail cards to all your friends—how nostalgic!

Donate to our Troops or to Ally’s House through SWOSU (See page 2).

**Over $50**

Visit the Oklahoma City Zoo.

Try out a Day Spa.

Attend the 63rd Annual Saint Patrick’s Day celebration (in Shamrock, Texas.)

Try the All State Modified Championship (OK State Fair Grounds.)

Ride Sand Dunes.

Float the Illinois River.

Ride a Train to Dallas.

Ice skate in Oklahoma City.

Attend the Blazers hockey game or attend a Thunder basketball game.

**Free (or almost)**

Play a new board game. Watch the sun set out in the “Breaks,” south of Sayre or get in a big truck and drive through there.

Camp out somewhere close to home (in the back yard if you have kids.)

Go frog giggin’.

Ride the train at the Elk City park like you’re a kid again.

Recycle old bread by feeding the ducks. Go green!

Take a photo beside each buffalo artwork in town (Can you find all three?)

Plan a picnic at the Gazebo or get a group of friends together to play volleyball on the sandpit here on campus.

Go the to the Americinn to swim indoors and hot tub.

Take someone special to a hillside that is just turning green and teach her to fly a kite in the warm breeze.

Build a sand castle down on the river. Take a bunch of friends and make it a contest.

What is better than relaxing in the sun? Catching dinner, says student Jeff Roland.

**Radiology Department Gets Full Accreditation**

Sayre’s Radiology program just passed its accreditation in full.

The JRCERT (Joint Review Committee on Evaluation in Radiological Technology) is responsible for accrediting every Radiology program across the nation.

Their job is to evaluate programs and make sure that what is being taught goes along with the ASRT, which then has to meet standards set by the DOE (Department of Education.)

We had two site visitors who came to inspect the program. One was from Austin Community College and the other was from Moorhead State University in Moorhead, KY. They visited a couple of the closer sites in person and the others by telephone. After visiting

Chris Stufflebean and Jess Parker, radiology instructors, are proud to receive accreditation.

(Continued on page 5)
When In Doubt...The Best Way is to Help Out!

By Candise Warren

Many students may have noticed the boxes sitting around in the halls of the various buildings on campus. There are two ongoing causes that are represented, and in need of your assistance.

One box is for the Ally’s HOUSE CHARITY. Ally’s house is named for a beautiful little girl that was taken just before her third birthday due to an aggressive form of kidney cancer. Her parents named this charity for her, because when she would get home from an extended hospital stay, she was always thrilled to be back at “Ally’s House,” as she affectionately called home.

The Ally’s House organization collects new toys, videos, art supplies, hats and gift cards and distributes them to local hospitals and clinics. Ally spent much of her time at Children’s Hospital in Oklahoma City.

They also help families in financial hardships with medical expenses, overdue bills, hospice care, travel expenses, prescriptions, clothing, food, funeral expenses, and housing.

Michelle Vincent is a student at SWOSU-Sayre, and she has a son with cancer. She feels Ally’s House is a wonderful organization, and will do whatever she can to help out. She has placed and maintained these boxes.

When she has to make a trip to OKC, she takes the contents with her.

To help, go to: www.allyshouse.net; e-mail: director@allyshouse.net; phone: (405) 307-0478.

The other box that can be seen sitting in the halls on campus is to collect items FOR OUR TROOPS. Our servicemen and women risk their lives day in and day out in order that we may have freedom. The very least we can do is buy some individually wrapped candy or treats to send to them.

For a list of acceptable items, please see Nancy or Ron in the Financial Aid office. The military is very specific about the kinds of things that are and are not acceptable and will throw out anything that is not approved.

“Having a son that is in the National Guard that is still in high school and could end up fighting in a war has opened my eyes,” stated Candise Warren, SGA president. “We need to do all we can to support each person that defends us.”

So please give to the charity of your choice.

State Economy Slows, Revenues Down, Colleges Affected

All state colleges and universities are facing budgeting problems in the future, as less money is being appropriated for higher education than in the past.

Randy L. Beutler, Vice President for Public Policy and Leadership Development, stated, “The State Equalization Board met [earlier] to certify the final numbers for appropriation for the Legislature this session. In December, the Board met and certified a preliminary estimate of $310 million less in revenues than the previous fiscal year. With oil and gas prices decreasing and the state economy beginning to slow, the Board has now revised their estimate at $612 million less. When you couple this figure with the issue that about $300 million in ‘one-time’ revenues were used for recurring costs last year, then that brings the total shortfall to around $900 million.”

Unfortunately, when the state gives the universities less money, the universities must trim their services and offerings or turn to the consumer to make up the shortfall. That could mean tuition increases.

Beutler continued, “Finally, the only silver lining for higher education and other state agencies is the passage of the economic stimulus bill at the federal level. We are still waiting to see exactly what kind of federal monies make their way to Oklahoma and where they will be required to be spent.”
Meet the Faculty: Scott Froneberger

By Keeley Reeves

Scott Froneberger, our resident psychologist, philosopher and historian, was born in Chandler, Oklahoma. With his father being a highway patrolman, Froneberger moved to many different places around the state of Oklahoma when he was a child. In the fourth grade Froneberger’s family moved to Boys Ranch in Texas. His parents were “dorm parents” for 36 boys, ages 8-18. This move had a big impact on Froneberger; he still holds memories of this today.

After they left Texas, he moved to Cordell and has mostly lived there ever since. He did, however, live in Washington D.C. during his college years, after his graduation from Cordell High School. While in D.C., Froneberger worked on Capitol Hill for the House of Representatives. He attended SWOSU at Weatherford and received his Bachelor’s in Political Science in 1977. Froneberger worked in many different areas before starting at SWOSU at Sayre in 1989. He has done everything from operating heavy equipment to free lance writing.

Along with his wife Cindy, Froneberger has two sons, Cody, 23, and Seth, 19. Seth is currently attending college here at the Sayre Campus. Froneberger is a proud grandfather to his redheaded granddaughter, 14-month-old Jasi. After two surgeries and her first twelve days of life in the ICU, Jasi is as healthy as can be and a blessing to the family.

Froneberger is an avid outdoorsman. He enjoys archery hunting for deer, fishing for bass, and gardening. When he is not enjoying the outdoors, Froneberger enjoys playing the guitar.

When asked what it was like to have his son in class, Froneberger said, “When I am lecturing, nothing is very different, although I do catch on to him not paying attention more than I would the other students.”

What advice would he give his students? “Enjoy the ride, a degree is so far down the line,” he said.

Froneberger is not only famous here on campus for having the longest last name (although Stufflebean is too), he is known for being very laid back and easy going. He prefers to be called Scott instead of Mr. Froneberger.

Some of his students were quoted as saying, “He is very smart, a deep thinker, he really knows his stuff.”

“He’s funny; the class is always a good time, until you get your grade and then it’s not so funny,” laughed one guy.

When asked if there was anything interesting about himself the students should know, he told that he did not speak until he was three. At this time, his grandmother thought he was “retarded.” And, last year Froneberger learned he had previously had a stroke.

“I think if I hadn’t been retarded and had a stroke, I might have achieved something in my life,” he said.

There’s that sense of humor.

Summer Journalism Internship Available

By Matthew Mauldin

Students can be a part of the Political Journalism Track of Capital Semester sponsored by The Fund for American Studies in partnership with Georgetown University.

The Institute is a fifteen-week academic internship program held every fall and spring in Washington, D.C. for undergraduates interested in exploring careers in the field of journalism and communications. They are currently accepting applications for Fall 2009 and Spring 2010. The Institute combines hands-on professional journalism experience for 25 hours a week with a challenging full-time academic experience at Georgetown University. The fast-paced, residential program provides students from around the world with opportunities to gain an edge in job placements and graduate school admissions, and experience the excitement of Washington first-hand.

Applications will be accepted on a rolling basis until June 1, 2009 for the fall program and until November 1 for the spring program. Students are encouraged to apply early, as early applicants will receive priority internship placement. Students applying by the early deadlines of March 1 for the fall program and October 1 for the spring program...
By Kayla York

Across the country, many college students are planning on going on a mini-vacation over Spring Break. And with Spring Break just around the corner, many have made plans, while a few others are still unsure of what they will be doing.

In a recent survey taken on campus, 37.5% of students having planned for it. One student, Jack Hartman, said, “I have yet to make any plans for Spring Break; I don’t even know when it is.”

Twenty-five percent of students said that they will be working. Irene Green explained, “I’m going to pull extra shifts at the hospital . . .”

April Sanders stated, “My plans are to work, then spend time with friends.”

The survey reported that 22.5% will be going on a vacation. “Besides what most college students do, I plan on going snowboarding at Angel Fire with my dad,” said Mason Sullins. “My plans are to visit a friend in Florida,” says Tabitha Hill.

“Over Spring Break my girlfriend and I are going to a spring training baseball game,” said Seth Froneberger. Ten percent of students said that they will be working at home. “My Spring Break plans are to get a garden spot prepared and just do some catching up on ‘honey-do’s’” said Tom Warren.

“My plans are those of a mom. I plan to do Spring Cleaning, especially in my seven-year-old’s room,” said Vanessa Griffith.

Only 5% of students said they were planning on doing homework. Mindi Kyle said, “My plans are not very exciting. I will be reading a book and then doing a book report over it. I will also catch up on other homework assignments.”

“I’ll be doing Learning Centers for Education,” stated Keeley Reeves.

One question on the survey asked what the best part of Spring Break was. Here are a few responses. “Working a lot and making more money,” said Darrell Price. “Getting to sleep in,” stated Robert Sanchez. “A week off from school,” replied Marvin Savoy.

Did You Ever Wonder Why?
A Regular Column by Staff Writer Tom Warren

By Tom Warren

Did you ever wonder why some people are inconsiderate? Some are inconsiderate of others’ feelings or inconsiderate of their property. Others are just, in general, inconsiderate of everything and don’t care who or what is affected by it.

Those who are inconsiderate of people’s feelings have a tendency to say things that might hurt others. Unintentionally hurting someone’s feelings is not as harsh as just down-right being rude and ugly.

Going to someone’s house and abusing their furniture or getting into personal things (refrigerator) is another example of inconsideration. People just take things for granted, and assume that it’s okay to pilfer into something where they don’t belong. Then when you have to say something about it, they get defensive and mad.

Some people seem to want to intentionally be inconsiderate of prosperity. When there are charities raising money, people aren’t obligated to donate to it, but some seem to do all they can to destroy it. When churches, civic organizations, or school groups have fundraisers, some people seem to think they just have to “do away with it,” especially when they won’t benefit from it. It seems to me people who are inconsiderate could take a lesson from Thumper, from the movie Bambi. He said, “If you ain’t got nothin’ nice to say, don’t say nothin’ at all.”

I think we are fortunate to have a staff and faculty here at SWOSU Sayre that supports all functions of the SGA and other student organizations. Whether it’s an activity, fundraiser, or just whatever, many are ready to participate.

I wonder why more people can’t be like that.
Where Will You Take Shelter?

By Rayburn Ritchie

As many western Oklahomans are well aware of, tornado season is rearing its ugly head once more. Tornado safety is very essential knowledge to possess.

On campus, effective shelter is limited; however, easy to find. Restrooms are located in nearly every building. Utility closets would also be a well-constructed area to wait out the storm.

Areas to avoid would be the hallways in Mackey Hall, due to the open space and the large windows, and the main hallway in the Alexander building, also for the same reasons.

The gymnasium would need to be vacated, as well. Large single-span roofs often collapse under tornado pressures.

Classrooms should also be avoided if possible. Most classrooms contain an abundance of surface area which would weaken the quality of the roof as opposed to smaller rooms.

Basically, tornado safety is common sense. As long as one keeps his or her mind in control, safety should be easy to find on our campus.

If there is ample warning, there is a public underground shelter in the 500 block on 4th Street in Sayre.

Radio Journalist Paul Harvey dies

By Teresa Villa

He was born September 4, 1918 in Tulsa, Oklahoma. His name was Paul Harvey Aurandt. We knew him as Paul Harvey.

He began working in the radio business at KVOO in Tulsa. His first job was sweeping and cleaning, but it wasn’t long before Paul got the chance to be on the radio waves reading commercials and the local news. He had a voice for radio and continued working for KVOO while attending college at the University of Tulsa.

He jumped around a few radio stations as program director until he eventually landed in St. Louis. After briefly serving as an enlisted man in the U.S. Army, he moved to Chicago in 1944. There, Paul became the ABC affiliate on radio station WENR.

From Chicago, his career as a news broadcaster took off. In 1946, he began The Rest of the Story, in-depth feature stories where he would tell America the heart behind the famous. It was on April 1, 1951 that ABC Radio Network debuted Paul Harvey News and Comment “Commentary and analysis of Paul Harvey each weekday at 12 noon.”

Paul Harvey was famous for his friendly and familiar voice and his talent for telling a story without letting us know who the subject was until the very end. He became a voice of trust, not endorsing products without trying them first to make sure they do what they claim. He led us through the tragedies and victories of our nation for over the majority of the 20th Century.

Workers and businesses would literally stop at noon to hear Paul on the radio.

Paul Harvey died on February 28, 2009 in Phoenix, Arizona. He was 90 years old.

Sayre’s Counselors Appreciation Day slated for March 31

Sayre’s 2nd Annual Counselors Appreciation Day will be held Tuesday, March 31st. Area high school counselors will be on campus for a day of food, fun and prizes. One lucky counselor will win a $250 tuition waiver scholarship to award to one of his or her seniors, and another will go home with a $100 VISA gift card. Registration will begin at 9:30 am in the Bulldog Café where counselors can mingle with SWOSU staff and faculty while enjoying donuts and coffee. The program will begin at 10:00. Cindy Dougherty, Dean of Students, will serve as guest-speaker.

SWOSU’s counselor Sherron Manning urges all high school counselors, “Please join us so we can show appreciation for all you do for your current students, our future students.”
Timed W.A.R.P. most successful, with 32 contestants

By Sharon Adair

Timed W.A.R.P. (Writing and Research Project) is a workshop/contest that was created to give scholarships to area students. The winners of the Timed W.A.R.P. Competition were as follows:

This year, first place went to Jason Bollinger, Merritt; second place to Jordan Jackson, Cordell; and third place went to Meaghan Smith, Hammon.

“We congratulate the winners and all who participated. Timed W.A.R.P. is a fantastic event for the high school students. We certainly hope they enjoyed the competition and experience,” stated Dr. James, Dean of the College of Associate and Applied Programs and the Sayre campus.

“We would be very excited to have them continue their educational endeavors with us. But, no matter what the future holds, we wish them the very best with their goals and aspirations,” he said.

This year, seven teachers brought thirty-two students to the competition from Sayre, Merritt, Elk City, Hammon, Cordell, Erick, and Canute. Registration and refreshments were provided by the SWOSU Sayre librarians, April Howenstine and Dianna Mosburg.

Following registration in the library, Dr. James welcomed the guests to the campus. Students were given writing topics and taken to the labs to research documents and then compose an essay using MLA style.

Holly Hernandez and Sherron Manning monitored the computer labs.

April Howenstine and Deborah Carpenter presented workshops for the teachers. Games were held in the Bulldog Cafe. Clay Fuller of Merritt won the pool tournament. Jordan Jackson of Cordell won the Wii game, and several won at bingo and trivia.

Then a panel of four judges (Judy Haught, Terry Ford, Kim Seymour and Dr. Jim James) scored the essays, which were numbered anonymously. Terry Billey tabulated the results.

Timed W.A.R.P. began as a way to recruit bright new students to the campus, according to Judy Haught, one of the founders.

Since she was an English instructor, she wanted to use writing to do so.

One of her daughters, Shannon, was one of the very first contestants of the Timed W.A.R.P. She was a junior that year, and along with her sister Lauren, came up with the name for the contest.

Hopefully students enjoy their time on this campus, learn something, and go home with some prizes—or even scholarship money.

Testants of the Timed W.A.R.P. Most successful, with 32 contestants.