The Halloween Bash sponsored by S.G.A. was a big hit among students, especially those who won cash and prizes. The winners of the Halloween costume contest were as follows:

1st place: Bubble Bath was Karla Chaparro.
2nd place: SpongeBob SquarePants was Lendell Jones.
3rd place: “Holy Crap” by Katie Livingston Walker.

They won a PlayStation III, an MP3, and a $50 gift certificate, respectively.

Free hamburgers, hotdogs, drinks and cookies were served for lunch. Many students enjoyed tasty treats won as prizes in the goodie walk, and many won two-liter bottles of Dr. Pepper at the ring toss. For many students seeking revenge or laughs, the dunk tank offered a real bash. Ron Kistler, Debbie Carpenter, and Carrie Myers were those who enjoyed the frosty dip in the below 50 degree water!

What’s Up With the “W”? 

By Rob Ellis

Withdrawing from a failing class sounds like the only option for some, but don’t be so quick to drop any class without first contacting your instructor. It might not be as bad as you think. There might be an alternate solution to your grade crisis. The instructors really don’t want anyone to fail; in fact, they would like to see everyone pass that puts forth effort. Before you consider withdrawing from a class, talk to your instructor, the registrar, and your financial aid director.

A “W” on your transcript can also affect your financial eligibility and looks bad to a potential employer. November 6th is the last day to withdraw with a W. After that date, the Withdraw could be followed by a pass or fail; it is up to the instructor’s discretion.
PBL Attends State Fall Leadership Conference

By Mandy Hopkins, PBL Reporter

P.B.L.’s State Fall Leadership Conference was held October 10 at the SWOSU campus in Weatherford.

Rhett Laubach led the opening session with great motivation. He told the members of the chapters to be the best in everything they do. He encouraged the members to be leaders in their schools and jobs. The conference also had several opportunities to help members be “Simply the Best.” It was an awesome opportunity for both business and personal growth. The members that attended the conference were Gene Hartman, Kelsey Wynn, and Mandy Hopkins.

PBL accepting donations of clothes, personal care items

PBL members are accepting donations for Action Associates, Inc., a Residential Shelter for Women and Children.

Donations can be non-perishable foods, women and children’s clothing, (new or used), personal care items, cleaning supplies, laundry soap, and Kleenex. The donations will be used for their community services which include the women’s and children’s domestic abuse and sexual assault shelter.

Boxes are located in Mackey Hall and the Alexander Building.

Donations will be accepted here on campus though Nov. 20.

At that time, the PBL members will deliver our campus donations to the Action Associates’ offices.

This Victim Advocacy has offices in Clinton, Elk City and Cheyenne.

SWOSU Student Visits K.E.C.O.

SGA President Carrie Myers introduced herself to the listeners of “The Early Morning Show,” hosted by Landry and Nathan Brewer, on Monday October 19, 2009.

She explained the duties of S.G.A. President and activities the S.G.A. has planned this year.

“This was a great opportunity to introduce myself to the students and public. It was an amazing experience. Being in the studio and seeing first hand how the radio station operates was neat! Landry and Nathan made me feel very comfortable, and were easy to talk to. I want to thank the Brewers, and K.E.C.O. for having me on the show,” said Myers.

Myers and the staff of Lauren Tatum, Dayna Hicks, and Claudia Villegas all work many extra hours to plan, advertise and produce fun days like the Monster Bash.
Good “Grade” for Rad Tech Program

BY Rob Ellis

High marks and a great evaluation toward accreditation for radiology technology excellence was recently received by Chris Stufflebean, director and instructor of radiologic technology at Sayre campus, along with Jess Parker, clinical coordinator and instructor of Radiologic technology, also of the Sayre campus.

The inspection of the radiology department was conducted by a three-member panel who are representatives of JRCERT or Joint Review Committee on Radiology in Technology. The review board’s findings lead them to conclude that the Sayre campus Radiology Department was operating within the guidelines of excellence in that field.

With the great evaluations, the department was given an eight year accreditation award set forth by the Standards for an Accredited Educational Program in Radiological science.

The JRCERT award has a maximum of eight years between renewals. The committee, however, has the right to review the Radiology Department at any time, including surprise inspections. An interim report will be required in the first quarter of 2013.

This small article does not do justice to the many hours spent by Mr. Stufflebean and Mr. Parker. The documentation compiled took three years, it is several hundred pages long, and weighs as much as a small child, just to put it into perspective.

This reporter says great job gentlemen and keep on making SWOSU the best it can be.

Campus Blood Drive Exceeds Goals

The SWOSU Blood Drive held Wednesday, Oct. 28, was a big success, taking in 89 units of blood.

“By early in the day, they had already met their goal,” commented Jess Parker, Instructor at SWOSU.

All donors received a free t-shirt and snacks. More than 100 came through the door and signed up to give, and only a few were unable to donate, stated Kathy Brooks, sponsor of the Drive for SWOSU, who added, “It was a very big day. We were very pleased. Thank you to all the students who gave, and who brought friends and family to donate, as well.”

Danelle Bennett says all is well as she volunteers.

Frank Warren of PostSecret to entertain Nov. 19

SWOSU is hosting a new Panorama event featuring Frank Warren, creator of the PostSecret Project. PostSecret is an ongoing community mail art project in which people mail their secrets anonymously on one side of a homemade postcard. Select secrets are then posted on the PostSecret website, or used for PostSecret’s books or museum exhibits.

Warren will appear live in the auditorium of the Fine Arts Center on the SWOSU Weatherford campus on Thursday, Nov. 19 from 7:30-9:30 p.m.

Admission is free.

For more information contact Brian Adler at (580) 774-3063 or send an e-mail to brian.adler@swosu.edu.
**Who's Who Honorees**

- Petra Acosta
- Rhett Allen
- Michael Amberson
- Chasity Bartree
- Danielle Bennett
- Jami Bergdall
- Brian Clark
- Amy Duncan
- Shannon Eslinger
- Kyle Evans
- Melode Forrest
- Jaclyn Garrett
- Amanda Gartner
- Alicia Houston
- Heather Hunter
- Charissa Isch
- Lendell Jones
- Michelle Jones
- Kendell Lau
- Michelle Lowrance
- Matthew Luttmer
- Phillip McKinzie
- Sara Morris
- Carrie Myers
- Brandon Raleigh
- Sally Smith
- Cody Stallings
- Jessica Steinke
- Sharon Sweet
- John Waller

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**Students Honored with Who’s Who**

Thirty students were chosen from among the over 400 students at SWOSU at Sayre to be named to the prestigious list of Who’s Who Among American College Students.

The honorees are listed at left.

The criteria for choosing students includes a 3.10 Grade Point Average or higher, and students must be eligible to graduate next May. A list of all students meeting those requirements is given to faculty members, who then vote on scholarship, leadership, participation, and merit.

The National Who’s Who program has been honoring campus leaders for seven decades. Those named to the award are also eligible for one of three 2010 National Scholarships of either $5,000, $3,000, or $2,000, selected randomly from among American colleges. The Who’s Who organization is proud to award outstanding scholastic performances.

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**Juniors—Take CAAP Test and Win Cash**

SWOSU Juniors are encouraged to sign up for CAAP assessments (Collegiate Assessment of Academic Proficiency) October 26 – November 6, 2009. All those eligible will have **48 CHANCES TO WIN $CASH$$$. Participation and sincere effort are helpful to Southwestern! Juniors are eligible by meeting the following requirements (credit from advanced placement exams are acceptable):

1. Earned 60-89 credit hours
2. Earned at least 22 general education hours at Southwestern
3. Earned credit at Southwestern for the 1213 English Composition II course

There are four CAAP test components: Critical Thinking, Reading, Writing Essay, and Writing Skills (two tests per appointment). Students may register by calling 774-3084, 774-7084, or 774-7184. All participants will receive $20 for participation in one appointment.

Students may register for and participate in two appointments in order to receive a total of $40.

**PLUS, 48 cash prizes will be awarded for the highest scores:**

1. Examinees will be grouped in four categories according to current GPA:
   a. 2.0 - 2.5
   b. 2.51 - 3.0
   c. 3.01 - 3.51
   d. 3.51 - 4.0

2. Students with the three highest scores in each group, per test, will be awarded $150, $100, or $50 respectively. In the case of test scores that tie, cash achievement awards will be split appropriately.

**Students should not sign up for more than two appointments.** Please contact us if there are any questions. Testing will take place at SWOSU Assessment Center in Weatherford, 224 W. College, which is the corner of 8th & College. Phone: 580-774-3084 or e-mail for info: **assessment@swosu.edu**.

“Southwestern is very appreciative of participation and sincere effort!” stated Jan Noble, Director of Assessment at Weatherford.
Tour the Weatherford Campus as part of “SWOSU SATURDAY”

Nearly 900 people have pre-registered for SWOSU Saturday this November 7 on the Weatherford campus.

The Admissions & Recruitment Office is hosting SWOSU Saturday for students who are considering SWOSU as their college choice. Todd Boyd, director of the office, said the program will begin at 11 a.m. in the Fine Arts Center with a brief informational session on admissions, tuition/fee costs, financial assistance and housing followed by a campus tour.

An academic departmental browsing session and refreshments will follow in the Wellness Center.

At last count, 309 students and 569 family members had registered to attend.

Spanish Club Donates Gifts to Honduras

By Kylie Franklin

Mrs. Haught’s Spanish Club has put out an effort to make this Christmas a special one for the underprivileged children in Honduras.

Seven students in Spanish Club have come together to make gift bags for the children. The bags include all kinds of things including pencils, crayons, notebooks, and they come complete with Christmas cards.

By Jessica Egner

All students on campus are assigned an advisor when enrolling. Many students, however, are failing to take advantage of their advisors. The faculty at SWOSU wants to encourage students, especially those taking 0-level courses and those struggling with grades to visit their advisors once a week.

Did you know you can change your advisor? A student may want to request an advisor that has expertise in his or her specific career choice. Simply visit Kim Seymour in the Registrar’s Office and she will change your advisor for you.

Advisors are useful for helping plan your semester schedules so you do not find yourself short a class needed to graduate.

This is very important to plan your classes ahead of your semester. Finding your advisor online takes less than five minutes.

#1 Start at the SWOSU Sayre website.
#2 Click the campus connect hyperlink.
#3 Type in your student login.
#4 In the top right hand under major info you will see your advisor. It is easy to know your advisor, and highly suggested that you keep in contact with them through SWOSU at Sayre.

got advisors?

By Jessica Egner

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November 11 is Veteran’s Day

The public is invited to attend the Sayre Veteran’s Day Program at 10:15 a.m., Wednesday, Nov. 11 in the Sayre Schools Auditorium, just one block north of the college.

The featured speaker is State Senator Tom Ivester, a member of the local American Legion and a veteran of Iraqi Freedom.

Ivester was commissioned as a 2nd Lieutenant in 1992 and served a year’s deployment in Afghanistan in 20002. He is now in the Oklahoma National Guard.

Also helping with the program is Mr. Ron Duffield, a long-time adjunct instructor here on the SWOSU campus. Duffield is a member of the local American Legion Post #146.

He helps to coordinate the Veteran’s Day Program every year, and has invited students in his classes to attend the Sayre event.

Campus Buzzing on Career Day

Wow!! What a turn out we had at SWOSU in Sayre for Career Day. The campus was buzzing with upwards of 250 guests—all young people from Cheyenne, Sayre, Elk City, Merritt, Cordell, Erik, Hammon, Canute, Reydon, Sweetwater, and the Western Technology Center at Sayre.

The students from the area high schools were supplied with donuts and milk to get things off to a great start. The students were first taken for tours around the campus by college student volunteers.

After their grand tour, they were welcomed by Dr. Jim James, Dean of the College of Associate and Applied Programs. Then they were released to attend sessions on possible career choices that were being held in the classrooms scattered across campus.

Professors and guests hailing from Weatherford, along with Sayre’s staff and faculty, made this day a great success.

After the students attended their choice of career sessions, they all met back in the SWOSU gymnasium.

There they mingled with faculty, staff, and SWOSU students before being served a submarine sandwich that stretched across the gym! Cookies chips and drinks were also provided by SWOSU at Sayre. Next, door prizes were given away in a drawing.

Kim Seymour, registrar, who coordinated the event, stated, “I want to thank everyone for helping make today’s event a success. An event of this magnitude can only be pulled off with the willingness of the entire campus to lend a hand.”

She also thanks the area high school counselors and students who attended.
Scotland Ford as "Nickolas Shelton."

SGA sponsor Ron Kistler gets dunked!

A pair of Robins in the Hood: April Howenstine and Denelle Nash.

Michelle Vincent, left, pays tribute to the '80s Rubrik’s Cube.

The crowd gathers to watch the dunking!

Lauren Tatum as Marilyn Monroe was busy setting up games, food, drinks, and prizes.

At left, Rob Ellis tries his hand at darts, April Howenstine serves punch with help from Dayna Hicks, at right.

SGA did a great job decorating the gym!
# Know the Difference between Cold and Swine Flu Symptoms

As Cold and Flu season gets into full swing, absences continue to rise. It is important to be in class, yet equally important not to infect others.

The chart below can help determine if a person’s symptoms are that of the flue or just the common cold.

Since September 9th of this year, there have been 237 cases of flu reported to the Weatherford Dean of Students, Cindy Dougherty. The last 37 were reported just last week, Oct. 19-27. Interestingly, none have been reported at Sayre since the 27th. Sayre students who have contracted the flu should report this to Terry Billey in the Dean’s office at Sayre at 580-928-5533 x 106.

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Cold</th>
<th>Swine Flu</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fever</td>
<td>Fever is rare with a cold.</td>
<td>Fever is usually present with the flu in up to 80% of all flu cases. A temperature of 100°F or higher for 3 to 4 days is associated with the flu.</td>
</tr>
<tr>
<td>Coughing</td>
<td>A hacking, productive (mucus-producing) cough is often present with a cold.</td>
<td>A non-productive (non-mucus producing) cough is usually present with the flu (sometimes referred to as dry cough).</td>
</tr>
<tr>
<td>Aches</td>
<td>Slight body aches and pains can be part of a cold.</td>
<td>Severe aches and pains are common with the flu.</td>
</tr>
<tr>
<td>Stuffy Nose</td>
<td>Stuffy nose is commonly present with a cold and typically resolves spontaneously within a week.</td>
<td>Stuffy nose is not commonly present with the flu.</td>
</tr>
<tr>
<td>Chills</td>
<td>Chills are uncommon with a cold.</td>
<td>60% of people who have the flu experience chills.</td>
</tr>
<tr>
<td>Tiredness</td>
<td>Tiredness is fairly mild with a cold.</td>
<td>Tiredness is moderate to severe with the flu.</td>
</tr>
<tr>
<td>Sneezing</td>
<td>Sneezing is commonly present with a cold.</td>
<td>Sneezing is not common with the flu.</td>
</tr>
<tr>
<td>Sudden Symptoms</td>
<td>Cold symptoms tend to develop over a few days.</td>
<td>The flu has a rapid onset within 3-6 hours. The flu hits hard and includes sudden symptoms like high fever, aches and pains.</td>
</tr>
<tr>
<td>Headache</td>
<td>A headache is fairly uncommon with a cold.</td>
<td>A headache is very common with the flu, present in 80% of flu cases.</td>
</tr>
<tr>
<td>Sore Throat</td>
<td>Sore throat is commonly present with a cold.</td>
<td>Sore throat is not commonly present with the flu.</td>
</tr>
<tr>
<td>Chest Discomfort</td>
<td>Chest discomfort is mild to moderate with a cold.</td>
<td>Chest discomfort is often severe with the flu.</td>
</tr>
</tbody>
</table>
Poetry Winners Announced

By Dayna Hicks
Weatherford recently held a Fine Arts Counsel Poetry Contest and Art Walk. Many students from the Sayre and Weatherford campuses did enter this contest and the results are in. Three students from the Weatherford campus won. They were all students in Fred Alsburg’s Creative Writing class. In third place came Ms. Alice Lackey’s poem, “A Drug Addict.” In second place was Desiree Jefferson with her untitled poem, and coming in first place and winning a cash prize was Murv Thornton with “3-point Ascent.” Big congratulations to the winners of this contest. The poems are reprinted below.

3rd place winner
A Drug Addict
By: Alice Lackey

When most people think about white,
They think about snow or pure things.
I, on the other hand, think about escape.

I think about the long white lines on a mirror
That I’ve made with a razor blade.
I remember the cocaine going up my nose
And breaking straight though reality.

My problems don’t matter.
Nothing and no one does.
In the most honest part of me
I know that my white is anything but pure.

But honestly, neither am I.
Everything is better after that first deep inhale.
As my concerns melt away,
Everything else seems better.

My teeth piercing a juicy green apple
Sounds like boots crushing
The many layers of freshly fallen snow.

2nd place winner
An untitled poem
By: Desiree Jefferson

Yea, yea
You can wear the bracelets.
You can attend the silenced “jubilees” each week and sit in newly purchased pews off the church’s building fund with your high hats, gloved hands, and ankle length skirts.

Doesn’t mean you believe any more than me.

You can tote your Bible to the grocery store (if you really see the need)

You can knock on the doors of the angry slums to try and “save” them.... Now wait,

What exactly are you saving them from?
You possess not the power to save nor deliver one from their sins or wickedness as you may see it. Nor can you look down your nose upon those and assume them damned ‘cause they don’t drive that damn Escalade you drive or have those three closets full of clothes, that you DON’T need. Humph...a Bishop huh? When was the last time you saw the doors of a Goodwill?

Yea, yea

I can go cut my hair off like that Rihanna girl.
I can walk around singing the latest songs on the hip hop stations and leave my house on a Saturday and go to the newest nightclubs in the City.

That doesn’t mean I believe any less than you.

I can get me a tattoo on my side quoting the Bible, sacrilegious as you may see it.

Hell, I can swear from the bowels of Hell to the high Heavens and that don’t mean I believe any less than you.

Know how I know I got the real thing?
While you’re thumping your Word and “saving” them souls in your big hats and you... ha, obviously uncomfortable hot shirts, I’m talking to that girl on the corner with the “body mutilating” tattoos ‘cause she just so happens to like mine and asks me the story about it which just so happens to edify His name.

That girl who feels out of place at the nightclub on Saturday night, I invited her to my comfort place, at His feet.

You see?
You ain’t no more a Christian than me.
And to think..... you wore that skirt for nothing.

1st place winner
3-point ascent
By Murv Thornton

He considered lassoing
the moon
tugging it close
slicing off a chunk
and sharing it with you

He thought perhaps
he would snuff out
the sun
lay close
in the dark
and watch you breathe

It occurred to him
he could grab a handful
of stars
glaze them
and tile your kitchen floor

But he could not find his ladder

My neighbor says
It’s been hanging out
Back behind his garage

Smoking cigarettes
With
A jilted spoon
Meet These Dawgs

Carrie Myers is Political Science major living in Elk City with her husband, Charles, and their three kids Michael, Amber, and Hayley. Carrie’s hobbies include music and writing for The WatchDawg. If Carrie could travel back in time she would travel the streets of Tombstone to catch a glimpse of a real “Saloon Girl!” Carrie plans to be working in law as a family attorney in ten years. If you had to sum up Carrie in one word, it would be “Vivacious.”

Melissa Gilliland is a Nursing Major living in Elk City with her three kids Tyson, Reagon, and Ali. Melissa always wants to be outdoors. She loves to hang at the lake, hunt, and fish. She is busy in SGA and as a staff writer. If Melissa could travel back in time she said it would be: “The 80's because I love the music and big hair!” Melissa sees herself working in a Burn Unit in ten years. If you had to sum her up in word, it would be “unpredictable.”

Rob Ellis is a Communication Major living in Burns Flat. Rob worked as a PR or “24 Hour Man” in the circus for thirteen years before putting his tight rope shoes behind him. He clowns around in newspaper constantly. If he could travel back in time, he would travel to when his parents were alive. In ten years Rob sees himself writing or producing comedy shows. To sum up Rob in one word, it would be “gregarious!”

Kylie Franklin is General Ed. Major living in the country outside of Elk City with her boyfriend Michael Amberson. Kylie loves to kick it with her younger brother Brayden. They like to watch movies and play with her dogs. Kylie finds the Medieval Period very interesting, so she would have to travel back to that period. “Probation Officer” was Kylie’s response, after she was asked where she sees herself working in ten years. She is quiet and shy, but you can coax a smile out of her! “Reserved” would be one word to sum up Kylie.

Rayburn Ritchie is a General Ed Major living in Cheyenne. Rayburn loves music, plays guitar, and is very active in church. If he could travel back in time, he would travel to the 80’s. Why? “It would travel to the 80’s. Why? It sounds more appealing than any other time," he said. In ten years Rayburn plans to be in Youth Ministry or wherever God leads him. He is pretty laid back and easy going. If you were to use one word to sum up Rayburn it would be “blessed.”

Last, but not least there is me, Deneile Nash. I’m a Psychology Major living in Wheeler with my daughter, Brieya. My hobbies include hunting, fishing, and playing with my daughter. If I could travel back in time, I would travel back to the 70s—a time when people were giving Peace Signs, not the bird! In ten years, I plan to be working as a child Psychologist. If you had to sum me up in word, that would have to be “spontaneous.”

This Edition of “Meet These Dawgs” will introduce you to The WatchDawg regular staff. This column is written by Deneille Nash.