The guest speaker for SWOSU@Sayre’s commencement on May 8th is a Bulldawg who is doing quite well, and lately he has been interviewed in newspapers, by the radio, and even on the 10 o’clock news! He is Landon Hise, Chief Executive officer/Administrator for Cordell Memorial Hospital, and a 2006 Alumnus of Sayre. After earning a degree in our Radiologic Technology program, he completed a B.S. in Health Care Administration at Weatherford in 2008.

At 31, he’s the youngest hospital CEO in Oklahoma. He grew up in Hammon and Elk City, but moved to the Panhandle at 13. After graduating from Hooker High School in 2002, he returned home and started college at Sayre.

News9 reporter Steve Shaw went to Cordell recently and did a story about Landon and Cordell Memorial Hospital, and it aired on the 10:00 p.m. news.

The news feature showed Hise at the hospital explaining a new devise that will make rural folks very happy. It is a Tele-Medicine machine, which
SWOSU Student Helps Save a Man’s Life

By Trasey Boyd

Kaitlyn Garcia had learned CPR a few weeks ago with SWOSU Instructor Jess Parker at Sayre. She is employed at Barber-Dyson in Elk City, and a lady that works in the Parts Department ran up to the showroom and called, “Does anyone know CPR?”

A man who also works in Parts was down. Kaitlyn ran down to Parts to see that the man was unconscious and lying on the floor. She saw a few guys trying to give him CPR. With the class still fresh on her mind, she immediately told them to administer 30 compressions and 2 breaths. They told Kaitlyn to take over, so she knelt down by the collapsed man. She didn’t know how many compressions they had done, but she could tell that the man needed oxygen because he was really pale and his lips were turning purple and blue, so she just went ahead and gave him two breaths.

Another coworker of hers, a former police officer, knew CPR, as well. He took over doing compressions while Kaitlyn counted his compressions for him and gave the man breaths in between each set.

After a few sets, they could tell that his lip color was coming back, they just kept going until the EMTs got there. They had to use an AED twice on the man, and he regained his consciousness, then they took him to the hospital where they had to use the AED once again! He was medi-flighted to the heart hospital in Oklahoma City.

After they left with him in the ambulance to go to Elk City Hospital, all the cops that were there and the rest of the EMTs came and told Kaitlyn good job and that they were the only reason he was still alive.

The hospital found out that he had two 100% blockages and one 50% blockage. They put in two stents and one 50% blockage. They put in two stents that evening and then put in another a few days later.

The man went to see the Barber-Dyson crew last Tuesday, and he said he was expecting to be back selling parts on that following Monday.

Thanks to the training and Kaitlyn’s bravery to put into practice what she learned, the man’s life was saved! Way to go, Bulldawg!

Meet Our Candidate for National Outstanding MLT Student!

By Trasey Boyd

While SWOSU has many outstanding students, today we want to recognize Kelly McCall.

She will be completing her degree requirements this summer for the MLT program at Sayre. Kelly is currently employed as a lab support technician.

In the fall, she maintained a 4.0 GPA. She drives 170 miles round trip to come to school every day!

Roxann Clifton, director of the MLT Program, says, “Kelly is just an all-around outstanding student, and I hope she’ll be chosen as the National Outstanding MLT Student!”

National Medical Lab Professionals Week is Celebrated

National Medical Laboratory Professionals Week is always celebrated the last week of April. It is to increase public understanding of and appreciation for clinical laboratory personnel. See if you knew the following fun facts:

- Most technicians that work in the hospitals and clinics within a 100 mile radius are from our campus.
- 70% of objective medical decisions are based on test results generated from the lab.
- Over 300,000 lab professionals working in this country perform over 10 billion tests annually.
Sidewalks Are Done

For about a year, the campus has been dealing with construction on North Watts Street, which runs right through the middle of the campus, and the final phases have recently been completed—the sidewalks. After battling mounds of dirt, walking across giant rocks and gravel, fighting through dust, and maneuvering around orange construction cones for many months, we finally have beautiful new sidewalks, and the construction is complete—at least the part by our campus. The manager of the City of Sayre, Guy Hilton, stated that the plan is to eventually have sidewalks all the way from our campus north to Sayre High School.

Grad Speaker, continued from front

(Continued from page 1)

means you can be lying on the bed in Cordell, but the doctor in Oklahoma City can see you, talk to you, listen to your lungs, and get vital signs and medical data that is available to someone who is right in the room with you. It is comparable to Skype, only better. That means if you get sick, you don’t have to drive 200 miles to the big city.

Before joining Cordell Memorial Hospital, Hise’s professional career included stints at Great Plains Regional Medical Center in Elk City, Shiloh Imaging in Sayre, the Orthopedic Institute’s MRI Center in Oklahoma City, Elkview General Hospital in Hobart, and Oklahoma City-based Radiology Partners. Then, last June, Hise was named Cordell Memorial Hospital’s Chief Executive Officer. Since taking the helm at CMH, Hise has worked to quarterly bring the Oklahoma Breast Care Center’s Mobile Mammography Unit to Cordell. In January, he was named to the state’s Rural Health Council, which provides hospital CEOs a forum to address health care issues specific to rural communities across Oklahoma. He has also been instrumental in Cordell Memorial Hospital’s opening of Cordell Memorial Clinic, which opened in March, and features a full-time Certified Nurse Practitioner, a cardiologist, and an orthopedic surgeon.

Hise is married to the former Jennifer Wells from Cheyenne. He and Jennifer have one son, Landry.
These Bulldawgs Have Mad Skills!

By Morgan Hagerman

During public speaking class, Sayre students had an opportunity to demonstrate their unique skill sets. One student, Emily Hill, has a side business making bows. She will custom design any color or style you need! Bryce Dodge made extra cash through high school by making and selling par bracelets (made from parachute chords). But the class soon found out that two of our Bulldogs are champions in their fields when they revealed their biggest skills.

One girl is Sidney Street, a champion shooter. She started competing in the woman’s division, and won the highest title possible as a marksman. She has moved up and is now competing with the men, because her skills and abilities are so advanced. She has over sixty trophies at last count. She brought to class a reloader to show how to refill our own shot gun shells.

The other champion is Moriah Wooldridge. She believes she may be the only female taxidermist in the state. She is the only one at competitions in Oklahoma. Her dad got her into stuffing animals at an early age. He operated the business Fur-Real Taxidermy in Woodward. She showed the class how to shave and trim the excess skin of a cape, or fur, to make the nose and eyes ready for mounting on the wall. And yes, there are competitions to see who is the best in the field!

Another class favorite was Peter Porcher, formerly a guard at Northfork Correctional Facility. Peter is earning his degree in order to join the ranks of Highway Patrol. He could not carry a weapon at the prison, so his hands were his only defense! He showed the class pressure points on the human body and ways to inflict pain in order to make a criminal comply with his wishes or to fight off an attacker! He used fellow classmate Cooper Hudson as a reluctant, but brave model on which to demonstrate his defense skills.

Moriah Wooldridge.
She can skin and mount anything killed by Sidney or Peter.

Sidney Street
World Champion Rifle Shooter

Peter Porcher. His hands are lethal weapons.

The Focus Is You!
College Textbooks Are Victims of Planned Obsolescence

By Amie Glendenning

For anyone who does not know what “planned obsolescence” is, it is basically a plan for companies who make things that will only last for six months to a year, so that the next year you will have to buy a new one. Did you ever think about how this affects our textbooks? Is it not amazing that you have to pay $300 for a USED book, when nothing really changes in them for the most part from year to year? They switch a few chapters and add or subtract diagrams. Then they’ll come with a CD, so that it can only be used one time, then it is no good, and you have to throw it away. Then the next year, someone has to buy a new book just for the code.

“It is important to note that this is a ploy used by text book manufacturers, not the University,” stated one professor. “They are in the business of making money. If it were up to me, I’d use the same literature text book for years because there is no new technology there.”

There are, however, ways around this (except the CD codes). You can rent your books. This makes it a lot cheaper. Just remember to return them at the end. You may want to go to E-bay or Amazon and choose your books. You can find books for about two hundred dollars cheaper. Let’s face it; for most college kids, every penny counts.

Library Week Celebrated

The conference table was filled as about a dozen people attended the Dystopia Book Discussion as part of Library Week Celebration. Librarian April Miller led the group and provided delicious snacks and drinks for these well-read students, including Emily Hill and Sidney Street pictured above.

Attending included Whitney Morris, Sidney Street, Jordan Jenks, Emily Hill, Christiana Lewis, Amber Kupka, Daniel Thompson, Jacob Gastineau, and Terry Ford.
An Editorial by Christopher Celsor

Oklomans Deserve Real Beer!

The Oklahoma House of Representative’s Alcohol, Tobacco and Controlled Substances committee will meet to consider two bills that have the potential to modernize alcohol laws in the state. Lawmakers would be wise to vote yes on both.

Senate Bill 424 allows breweries operating in the state to sell beer at their breweries, just like wineries are already able to sell wine, and just like 45 other states already allow breweries to do. Currently, breweries in the state have to sell their beer to a distributor, and then buy it back from the distributor in order to sell it to the public. Denying them this opportunity subjects Oklahomans businesses to unnecessary regulation and puts them at a disadvantage to businesses located in other states. It truly is a no brainer.

Senate Bill 383 is a bit more complicated. Initially advocated for by state liquor stores, it was originally supposed to just allow liquor stores to sell refrigerated beer and wine. Fearing that the law would subject them to unfair competition (full strength beer isn’t sold outside liquor stores in Oklahoma), the convenience and grocery store lobbies were able to succeed in getting a passage added that would allow them to sell refrigerated full strength beer and wine, thus getting rid of Oklahoma’s prohibition era 3.2 beer, and bringing Oklahoma on par with Texas. Many liquor stores now oppose the law, fearing that grocery and convenience stores will put them out of business.

Nonetheless, the law would open up the Oklahoma market to breweries that currently refuse to sell their products in state, and it would give consumers more freedom to choose. If Oklahoma legislators are really as committed to free market principles as they claim they are, they will pass these bills; if Oklahoma legislators are really committed to beating Texas as they claim to be, surely they will vote in favor of bills that at least modernize our laws to the same level as Texas’ regulations. Oklahomans deserve real beer.

UPDATE ON THE VOTE: The Oklahoma House of Representatives took a huge leap towards the liberalization of alcohol laws in the state on April 15 when they decided to approve both SB 383 and SB 424.

SB 383, which passed 68-21, would allow cold beer in excess of 3.2 percent alcohol by weight to be sold refrigerated in liquor stores, grocery stores, and convenience stores. SB 424, which passed 69-21, would allow breweries to sell their own beer on site.

Leading the opposition to the bills was Representative Todd Russ (R-Cordell). Russ asked the bill’s House sponsor Representative Glenn Mulready (R-Tulsa) whether or not he thought the bill would affect teenagers and the general public. Mulready replied, “I certainly think the bill will have an effect, I think that it’ll have an effect on convenience for folks and for freedom. I don’t think it’ll have a negative effect on our society.”

Russ started a 10 defense of our current laws. “I see year after year, we roll it back and we roll it back some more. . . In 2007 the state spent almost a billion dollars combating underage drinking. You couldn’t sell twice the beer that we’re selling today and make it back in sales tax.” Russ continued, “Probably, the biggest gateway to drugs is alcohol.”

Mulready rebutted Russ, “In regards to teenage drinking and binge drinking, we’re actually seeing a substantial decline in that.” Mulready continued, “The distinction between 3.2 and strong beer is actually a very small. Only 5 states make the distinction with 4 of them considering getting rid of it. It’s an economic hindrance.” Mulready closed by saying that, other than education issues, he isn’t asked about anything more than alcohol issues. “Folks often come up to me and ask “Why can’t I just buy a bottle of wine?”

Both bills are going back to conference to be ironed out before final votes. After 424 gets out of conference, it will be resubmitted to the House and Senate for final votes. If it passes it will go to Governor Fallin’s office for her signature. Ninety days after that, it would become law.

So, 383 is going to be shelved until next season. Once it goes through the legislative process (which will probably bring substantial changes to its wording), it will probably be presented to the people via referendum in 2016.
Spanish Class Busy Assisting and Exploring

By Jacob Gastineau

As per usual, Mrs. Judy Haught’s Spanish Class is muy ocupada ayudando explorando, yes, busy assisting other learners and exploring Hispanic culture.

The Spanish Class Helps Teach English! The Western Oklahoma Learning Center of Elk City helps teach people who have English as a second language (ESL), and the Spanish class participates in a Service Learning Project to attend and assist. The college students have new-found empathy for those trying to learn a new language since they are currently doing the same thing!

Pictured below is Jessica Dorado, a volunteer at the Learning Center, with an ESL mother and child who take advantage of this wonderful free service.

The Spanish Class Takes an Annual Multi-Cultural Trip This year, the class took a trip April 22 to Oklahoma City. They visited the Oklahoma History Center, enjoying exhibits ranging from Oklahomans in space, the contributions of Native Americans to building Oklahoma, Code Talkers, to an all pink 1950’s kitchen. Next all enjoyed a delicious authentic Mexican lunch at Chelino’s in Bricktown, where the students ordered in Spanish. The afternoon was spent at the Arts Festival in the Myriad Gardens painting wine bottles and taking in the magnificent works of art available for purchase. Sherron Manning, Dean of the Sayre Campus, escorted the students on the field trip for Mrs. Haught this year.

Spanish Trip (from left): Jacob Gastineau, Whitney Morris, Zandalee Plummer, Will Barr, Marisa Garcia, Cheyenne Galloway and Allisa Davis.
Plan Your Summer Vacation Now

By Kimberly Archie

Summertime is fast approaching, and everyone is ready to have a little fun!! Whether you are single or married, with or without children, everyone wants to just get away from the hustle and bustle of everyday life. Sometimes it can be as simple as a trip to the neighborhood park or pool, or it may be a planned vacation. Summertime gives everyone the urge to get out and play.

For vacations, we usually like to plan ahead and have a little money saved up. But sometimes we just get that urge to get away from it all. When the sun is shining, everyone gets the urge to go have some fun!

A friend of mine, Sherry, took a pretty nice trip with her family a few years ago to Los Angeles, California. They had saved up for it, but still wanted to squeeze a lot of fun in for a reasonable budget. They took advantage of a scenic route and traveled parts of Route 66. Along the way, they enjoyed a few Indian reservations, the Navajo, Hopi and Apache, as well as hiking at the National Park and walking around the Petrified Forest.

And, of course, you can never go that way without checking out the beautiful view of the Grand Canyon. While on the road, they stayed at budget-friendly motels and packed a lot of their own groceries, so they could enjoy all of the luxuries of a condo in Anaheim! Once they got to California, they stayed at motel right next to Disneyland that offered condominiums. They had a free nightly fireworks show from the balcony, thanks to Disneyland! They also were able to cook dinner in the room to save a little money. They did splurge on Bubba Gump’s and the Cheesecake Factory while there.

They enjoyed walking Rodeo Drive and the Hollywood Walk of Fame, and also said that paying for the tour of stars homes was worth every penny!! It was a vacation her whole family enjoyed.

My family took a little weekend trip to Oklahoma City a few years ago. It was one of those, load-up-the-car-and-go type things. So of we really didn’t have that much money to spend. This was a first for me, and I was pleasantly surprised by all of the fun things that Oklahoma City had to offer. Saturday we enjoyed the Oklahoma Science Museum and a little shopping at the Outlet Mall. That evening we enjoyed Bricktown and even took a ride on the river taxi. Sunday before we headed home, we made one last stop and toured the Myriad Botanical Gardens. It was absolutely breathtaking!! It was short and sweet. This is something that my family tries to do a few couple of times a year, and we just change up activities.

Today we don’t have to pull out all the maps or visit a travel agency to plan your vacation. With the ability to search the internet, you can do a lot of your planning online and even save a little money. Different websites, such as Expedia, Priceline and Travelocity, can help with finding motels/hotels, plane tickets, and even rental car prices. You can also use the internet to plan different activities to enjoy while you are away. We did this the first time we went to Oklahoma City and found all kinds of fun and affordable things to enjoy! So, here’s to your Summer 2015 vacation! May it be the best one yet!
By Kimberly Archie

I am sure everyone has noticed all of the blue on social media or the blue being worn by numerous people at work or on the street, or maybe you have seen the saying “Light it up Blue” posted everywhere. This is because April was National Autism Awareness Month. According to the CDC, Centers for Disease Control, about 1 in 68 children are diagnosed with Autism Spectrum Disorder. In the United States, 1 in 6 have some sort of developed disability ranging from a mild disability to more serious disabilities.

Autism Spectrum Disorder is defined as a group of developmental disabilities that can cause social, communication and behavioral issues. Autism is difficult to diagnose because there is no actual medical test that one can perform. Instead, a developmental screening and comprehensive diagnostic evaluations are performed. More people are being diagnosed with this disorder. This could be because of the broader definition and forms of diagnosis.

Signs of autism begin in early childhood. But not actually diagnosed with ASD until they are about 4, but can be as young as age 2.

Children diagnosed with ASD have many strengths and abilities that some may not realize. Some of these are the ability to live in the moment, they rarely lie or judge others, and they are passionate and also have terrific memories. Many children who are diagnosed as having ASD have average or above average intellectual ability.

Families that are taking care of someone affected with ASD can also face hardships financially. Taking care of someone with autism can be very costly, not only with health care, but also education and various therapies.

There are a variety of different organizations available for these families and the public that help raise awareness for Autism Spectrum Disorder.

One of these such organizations is Autism Speaks. Autism Speaks was founded in 2005, by grandparents of a child who was diagnosed with autism. Since then it has become the leading science and advocacy organization for autism. They help raise funds for research pertaining to the causes, prevention and treatment of autism, as well as raising awareness and helping with needs of individuals and families affected by autism. They are very good at what they do in bringing awareness to autism, especially with their campaigns, such as “Light it up Blue.”

Sometimes, we don’t realize exactly how many people are actually affected by autism, whether it is your own child or a family member. I personally love going to the Special Olympics once a year to watch my nephew participate. The smile on the faces and the laughter ringing through the air as they participate in their events gives joy to all who participate.

These individuals are precious, and we, as a community, need to be aware and acknowledge the challenges that are faced daily, whether as an individual who suffers from it or as family member of someone with ASD.

Speak Up About Autism
Student Enjoys 
Rock-N-Rumble

By Kimberly Archie

Every spring Altus hosts the annual Rock-N-Rumble Car Show and Cruise. For small town Altus, this is an event to remember. There are over 200 participants every year, from vintage classics to muscle cars, motorcycles to low riders. This year, the event was held May 1-2, with the kickoff being the open cruise and Battle of the Bands Friday night. Saturday things got started early with registration at 7 a.m., followed by the Burnout at 10 and Stereo Sound off at 11 a.m.

You will find all kinds of vendors with crafts, and other goodies available. Food vendors from everywhere also participate so I enjoy refreshments as I walk around and look at these awesome cars and trucks. You can find anything from brisket sandwiches, funnel cakes to turkey legs. This event continues to grow every year, with more than 4,000 coming to enjoy the two-day event. So if you have never attended, watch for it next year!

Winner, Winner, Chicken Dinner!

The Egg Is Found!

By Morgan Hagerman

After several weeks of Missing in Action, the winning Easter egg was finally discovered! While trying to make room in her backpack for one more book, SWOSU student Christina Lewis discovered one more candy egg that she didn’t know she had. To her disappointment, instead of candy inside, there was a piece of paper.

Finally the campus mystery was solved! When the Student Government Association sponsored an Easter Egg Hunt on April 1st, no one found the grand prize egg for the laptop. For weeks, students and faculty had been wondering and searching for that last egg.

“I had gathered up over a dozen eggs so I would have candy to eat in class, but I thought that I had gone through all of them,” said Lewis. She also won a couple of t-shirts. “I saw the little paper inside the egg and thought it was another t-shirt. I couldn’t believe it when I read what it said inside,” Lewis said. “I really needed a laptop, too!” The SGA members who sponsored the event were relieved that the laptop finally found a home!
The 2015 season of the Sayre Street Races kicked off with a boom March 28th!! Ninety-five drivers and over 3,000 spectators converged on the Sayre Industrial Park to watch six hours of grudge match drag racing!!

The "drag strip" is an 1/8 mile asphalt street. The racing committee preps the street to ensure that the cars get good traction, which in the racing world, is called "Hook". Famed Street Outlaw, and Sayre native, Shawn Ellington (Murder Nova), attested to the hook last year when he brought a truck to race and snapped the axles!

The races are open to any car or truck that can pass tech inspection! Tech inspection includes current tag and insurance, no loose parts, no leaks, working headlights and seatbelts, and drivers must have a helmet. So, if you feel like your car or truck has what it takes, bring it out! Only $20 to race!

Spectators are welcome! On the west side, trucks can drive in and spectators sit in the back for a great view. On the East side, 300 bleacher seats are available and a terraced area for lawn chairs. Food vendors are on both sides with delicious eats and Sayre Street Race gear is available for purchase, so bring plenty of cash! Only $5 gets you in to watch all the racing action!

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2015 Racing Schedule

Tech at 3:00 pm,
Races start at 6:00 pm

- May 23rd
- June 27th
- July 25th
- August 29th
- September 26th

Special Race in Conjunction with the Hawgs & Rods Car Show!
New Eats in Sayre!!

Did you know a new lunch and dinner spot has opened up in Sayre? **Rodriguez Steak House and More** is now open at 309 W. Main in Sayre!

The menu features steaks, sandwiches, salads, and all your Mexican favorites like sizzling fajitas, fish tacos, and quesadillas.

In a rush for lunch?? Call in your order and they will have it ready! 580-928-8266

Do You Rodeo???

The Sayre Championship Rodeo gallops into Sayre June 11, 12, & 13! In conjunction with the Rodeo is the Piggin’ & Grinnin’ BBQ Cook-off and Flea Market! Last year was an amazing success! Make your plans now to attend!

Taking place during the Rodeo is the Sayre Rodeo Queen and Princess Contest! Contestants are judged on horsemanship, speaking ability, poise, and ticket sales! The contest is open to ladies from 6 to 18 years old. Interested applicants can apply starting April 24th at the Sayre Chamber office at 212 N. Broadway or by logging onto our website at www.sayrechamber.com.

On Saturday morning, June 13th, be sure and head to Main Street for the Rodeo Parade! If you would like to ride in the parade or have a float, contact the Sayre Chamber at 580-928-3386!

Need Help?

Did you know there are resources to help if you find yourself in need of food, clothing, or other help?

- In Sayre, reach out to the Treasure Chest at 109 E. Main Street. They have a food pantry operated by Trinity Church.
- In Elk City, you can find medical, utility, clothing, and food at Western Oklahoma Family Care Center at 609 W. Avenue E.
Great Summer Job Opportunities Available!

By Amie Glendenning.

Are you looking for a great summer job opportunity? Do you like kids? Do you like mentoring and helping others? Then why not try working at a Children’s camp being a counselor or a cabin leader? Oklahoma has tons of camps all over the state, offering something for everyone. Let’s take a look at some of the options.

If you are into sports, how about a sports camp? Two of the most popular are Nike Basketball Camp in Shawnee and DeBartolo Football Academy in OKC. They also have camps for swimming, softball/baseball, and even golf.

Into the arts? If you like dancing, acting or photography, we have those, too. Try Studio J School of Dance or Fine Arts Institute of Edmond.

Looking for something to do with nature? Of course, there is always the Girl Scouts and the Boy Scouts.

What about something that has to do with education and science? Oklahoma has Engineering Summer Academy and Robotics Engineering Camp.

Then, of course, you can always look at your local YMCA or check out Quartz Mountain Lodge. They always have something going on in the summer time. If this sounds like something you could be looking for, just get online and go to one of the following websites:

- Metrofamilymagazine.com
- Kidscamps.com
- Mysummercamps.com

Great Summer Job Opportunities Available!

Reserve your booth for Bulldog Bazaar

The Bulldog Bazaar Craft Show is slated for September 12, 2015, so you have plenty of time to reserve your booth and get stocked up over the summer!

You can make plenty of money selling your crafts. Booth rental is $40 to $55, and the money goes to a good cause! It supports scholarships to staff members and their dependents.

The Bazzar will be held from 9 a.m. to 5 p.m. on Sept. 12, at the Wellness Center on the SWOSU Campus in Weatherford. For more information, contact Debbie Flamin at 580-774.3293 or Kathy Megli at 580-774-7070.

The craft show is sponsored by the Southwestern Staff Council.